

[www.camminideuropa.eu](http://www.camminideuropa.eu)

**grand tours and weekends**



# European Pilgrimage Routes

2012



## Ancient ways for new wayfarers: ROUTES OF EUROPE

### Routes of Europe... an extraordinary journey to the roots of modern Europe

Europe exercises a unique fascination over everyone, whether European or not, and it is that of a story which has contributed to the history of the world, that of centuries-old traditions which have influenced the habits and customs of other continents, that of gastronomic products and habits which have become famous all over the world. All of this has travelled across Europe for centuries along the great pilgrims' routes and those used by commercial traffic.

This catalogue is to remind you of them and invite you to look at them afresh.



2



"Green Journeys" which may be made on foot, by bicycle or on horseback



"Artistic-Cultural Journeys" which may be made by bus or individually by car

## Sigeric's Via Francigena from Milan to Rome

### 1<sup>ST</sup> DAY / Thursday

MILANO - PIACENZA  
CHIARAVALLE  
DELLA COLOMBA  
Meeting of participants in Milan. Meeting with our guide and departure for Piacenza, lunch at your leisure and city visit. A stroll through the centre of Piacenza, with its striking medieval appearance, will fill the visitor with strong and deep emotions. Continuation by coach to the Abbey of Chiaravalle della Colomba, passing via Fiorenzuola d'Arda. Arrival at the hotel for dinner and overnight stay.

### 2<sup>ND</sup> DAY / Friday

BUSSETO - FIDENZA  
VIGOLENO  
Departure to discover places in connection with the life of Giuseppe Verdi around Busseto. Continuation for Fidenza and visit to its Romanesque Cathedral. Lunch during the excursion. Afternoon visit to the medieval village of Vigoleno. Dinner and overnight stay in a hotel.

### 3<sup>RD</sup> DAY / Saturday

FONTANELLATO - PARMA  
Visit to Fontanellato: the Sanvitale fortress, with its famous frescoes by Parmigianino, and the Beata Vergine del Rosario sanctuary/Shrine of the Rosary of the Blessed Virgin. Lunch during the excursion. The afternoon is dedicated to discovering the ducal city of Parma: its Cathedral and Baptistry.

Dinner and overnight stay in a hotel.

### 4<sup>TH</sup> DAY / Sunday

PONREMOLI - AULLA  
EQUI TERME  
Departure for the Apennines stopping in Pontremoli. Visit to the Piagnaro Castle and the Medieval quarter. Continuation for the Pieve di Sorano and the charming village of Filetto. Lunch during the excursion. At Aulla, visit to the Abbey of San Caprasio with its recently unearthed archaeological finds. Moving on to Equi Terme, visit to the Grotto Cultural Park. Dinner and overnight stay in a hotel.

### 5<sup>TH</sup> DAY / Monday

CASTELVECCHIO PASCOLI  
BARGA - CASTELNUOVO  
GARFAGNANA  
MONTECATINI  
Departure from Equi Terme on the impressive panoramic train ride to Castelveccchio Pascoli. The tour continues by coach for Barga and the Colle di Caprona where we will visit the house/museum of the poet Giovanni Pascoli. Continuation to Castelnuovo Garfagnana where, at the Visitor Centre of the Apuan Alps Park, we will watch a film about the Via Francigena. Lunch during the excursion. In the afternoon we reach Isola Santa, and then from Levigliani the Bora Larga quarry for a guided visit to the marble excavations. Dinner and overnight stay in a hotel in the Montecatini Terme area.

### 6<sup>TH</sup> DAY / Tuesday

LUCCA - FLORENCE  
ROME  
Morning visit to Lucca, a characteristic medieval city, and then on to Florence. Visit to the city that is the very symbol of Humanism and the Renaissance. Lunch at your leisure. Departure for Rome and on arrival transfer to a hotel or a religious institute. Dinner and overnight stay.

### 7<sup>TH</sup> DAY / Wednesday

ROME  
Orientalite tour of the city. Stop at Saint Peter's Square

to visit the Basilica. Lunch at your leisure. In the afternoon, a tour on foot (approx. three hours) to discover the religious, artistic and cultural heritage. Dinner and overnight stay in a hotel. On the Wednesday it is possible, on request, to be present at the Papal address.

### 8<sup>TH</sup> DAY / Thursday

ROME  
Guided visit to the Basilica of St John Lateran End of trip. Participants return home at their leisure.



## information & cost

PRICES START FROM  
€ 850.00 PER PERSON

For information and a quote:  
[prodotti@camminideuropageie.com](mailto:prodotti@camminideuropageie.com)

## The Southern Via Francigena from Rome to Otranto



### 1<sup>ST</sup> DAY / Saturday

ROME

Meeting of participants in Rome. Meeting with our guide, an orientative tour of the city by Roma Cristiana Open Bus, stop at St John Lateran. Voucher available to use the Open Bus all day. Dinner and overnight stay in a hotel.

### 2<sup>ND</sup> DAY / Sunday

ROME - MONTECASSINO

Departure for St Peter's. Visit to the Basilica. Lunch at your leisure. Afternoon tour including visit to the Catacombs on the Via Appia and then on to Fossanova. Dinner and overnight stay in Cassino.

### 3<sup>RD</sup> DAY / Monday

REGGIA DI CASERTA  
BENEVENTO

Visit to the Abbey of Monte Cassino founded by Saint Benedict of Nursia, the father of Western monasticism, then on to Caserta. Visit to the Royal Palace, built in the eighteenth century by Luigi Vanvitelli in imitation of Versailles. Lunch during the excursion. Departure for the very ancient city of Benevento. Dinner and overnight stay.

### 4<sup>TH</sup> DAY / Tuesday

BUONALBERGO - TROIA

Morning visit to the city of Benevento and then on towards Troia. Stop at Buonalbergo, an impressive location and an obligatory transit point in ancient times for those who wanted to reach Irpinia and Puglia. Lunch during the excursion. Visit to Troia, the northern gateway to Puglia, whose cathedral, built in 1039, is a masterpiece of Pugliese Romanesque; visit to the city. Dinner and overnight stay.

### 5<sup>TH</sup> DAY / Wednesday

CANOSA

CASTEL DEL MONTE

TRANI - MOLFETTA - BARI

Departure after breakfast for Canosa which, following the pomp of the Roman era, was the fulcrum of the spread of Christianity and the first seat of the diocese in Puglia. Then on to Castel del Monte, UNESCO World Heritage site. Arrival at Trani. Restaurant lunch. Visit to the cathedral dedicated to Saint Nicholas the Pilgrim. Then on to Molfetta, where pilgrims had two major reference points: the Basilica of the Madonna of the Martyrs and the St. Corrado cathedral from the XIII century, the largest Romanesque church in Puglia. Arrival in Bari, hotel check-in. Dinner and overnight stay.

### 6<sup>TH</sup> DAY / Thursday

BARI - EGNAZIA  
ALBEROBELLO

Breakfast in the hotel.

Visit to the city, veneration of the reliquaries of Saint Nicholas of Myra, following the ancient pilgrim's custom and a visit to San Sabino, the Svevo castle and the ancient borough. Lunch during the excursion. Departure for Egnazia, one of the strategic ports of the Adriatic, along the Via Appia Traiana. Visit to the archaeological excavations and museum-necropolis of Messapica. Later on, visit to the city of Alberobello, the capital of the trulli houses, the Santi Medici Sanctuary and the Madonna del Rosario Church. Dinner in a typical local restaurant. Overnight stay.

### 7<sup>TH</sup> DAY / Friday

BRINDISI - LECCE

OTRANTO

We continue along the Via Traiana as far as Brindisi, the first embarkation port for pilgrims and crusaders. Visit to the city: the port, the Portico of the Templars, the Templar complex, and Saint John Sepulchre – a replica of the Church of the Holy Sepulchre in Jerusalem. Arrival at Lecce,

a city which suffered continuous invasions by the Turks. Revived by the Normans over the centuries it underwent many changes and Baroque transformations to end up being nicknamed the "Florence of the South". Restaurant lunch. Then on to Otranto, the furthestmost gateway to the east. The visit to the Cathedral with its Latin cross layout completes our journey. Dinner and overnight stay.

### 8<sup>TH</sup> DAY / Saturday

OTRANTO

Continuation of the visit to Otranto. End of trip. Participants return home at their leisure.



## information & cost

PRICES START FROM  
€ 810.00 PER PERSON

For information and a quote:  
[prodotti@camminideuropaegie.com](mailto:prodotti@camminideuropaegie.com)

## Jerusalem and the Holy Land

### 1<sup>ST</sup> DAY

ROME or MILAN

Departure by plane for Tel Aviv. Arrival and transfer to Galilee, the most beautiful and fertile region of the Holy Land. Evening arrival in Nazareth, the "Flower of Galilee". Possibility of taking part in the silent prayer at the Basilica of the Annunciation.

### 2<sup>ND</sup> DAY

NAZARETH

Visit to the sanctuary of the Annunciation, the New Basilica and the Church of Saint Joseph, erected on the site where the Holy Family lived. Departure for the Sea of Galilee region: visit to Cafarnao (synagogue and Peter's house), Tabga (the site of Peter's primate and the multi-

plication of the loaves). Crossing the Jordan valley, a stop at the Dead Sea, the deepest geological depression in the world, approximately 400 m below sea level. Evening arrival in Bethlehem.

### 3<sup>RD</sup> DAY

BETHLEHEM

Visit to the Basilica of the Nativity, the Grotto of Saint Jerome and Shepherds' Field, the place where the angels announced the birth of Christ. Departure for Jerusalem, the "City of God", sacred to all three monotheistic religions: Judaism, Christianity and Islam. Visit to Mount Zion: the Cenacle, where the Last Supper took place, the Church of the Dormition, which commemorates the transit

of the Madonna from her earthly life to the eternal life, the Church of Saint Peter in Gallicantu, erected in memory of Peter's weeping after denying Jesus.

### 4<sup>TH</sup> DAY

BETHLEHEM

Departure for Jerusalem. Stop at the Wailing Wall, the most imposing remains of Herod's Temple, and then on foot through the lanes of the old city to the

Holy Sepulchre. Visit to the Mount of Olives, the Olive Grove at Gethsemane, the Basilica of the Agony, the Chapel of Our Father..

### 5<sup>TH</sup> DAY

JERUSALEM

Meeting and Eucharistic celebration with the Christian community of Taibè, the only Christian village of the West Bank. Transfer to Tel Aviv airport and departure for Rome or Milan.

## information & cost

**PRICES START FROM**  
**€ 690.00 PER PERSON**  
**(MINIMUM GROUP OF 20 PERSONS)**

**For information and a quote:**  
**[prodotti@camminideuropaie.com](mailto:prodotti@camminideuropaie.com)**





## Cammina Cammina

From Fidenza to Lucca along the Via Francigena



*Getting to know that stretch of the age-old Via Francigena that runs from the Po plain to the Parma Apennine, and then descends across the Lunigiana towards the Tyrrhenian sea to end up climbing the hills around Lucca. A journey on foot that offers the chance to use and get to know an itinerary that is suitable for those who wish to rediscover those ancient rhythms linked to nature's inborn tempo, but equally fascinating for those who would like to try new ways of enjoying open-air tourism, combining the pleasure of walking with those of art, nature and local cuisine.*

*Possibility of organizing the same routes at other times of the year upon request, for a minimum of 10 participants.*

### FACTS AND FIGURES

Total distance:	208.35km
Expected duration:	10 days
Departure point:	Fidenza
Arrival point:	Lucca
Difficulty:	very demanding
Suitable for:	experts

### DEPARTURES

Departures are guaranteed with a minimum of 5 participants up to a maximum of 20.

### ITINERARY

<b>1<sup>ST</sup> DAY</b>	Fidenza – Costamezzana	12.60km	(3 hours approx.)
<b>2<sup>ND</sup> DAY</b>	Costamezzana – Fornovo	21.50km	(7 hours approx.)
<b>3<sup>RD</sup> DAY</b>	Fornovo – Cassio	20.55km	(7 hours approx.)
<b>4<sup>TH</sup> DAY</b>	Cassio – Passo della Cisa	16.60km	(5 hours approx.)
<b>5<sup>TH</sup> DAY</b>	Passo della Cisa – Pontremoli	21.35km	(9 hours approx.)
<b>6<sup>TH</sup> DAY</b>	Pontremoli – Terrarossa	25.75km	(9 hours approx.)
<b>7<sup>TH</sup> DAY</b>	Terrarossa – Sarzana	19.00km	(7 hours approx.)
<b>8<sup>TH</sup> DAY</b>	Sarzana – Marina di Massa	19.00km	(5 hours approx.)
<b>9<sup>TH</sup> DAY</b>	Marina di Massa – Camaiore	29.50km	(9 hours approx.)
<b>10<sup>TH</sup> DAY</b>	Camaiore – Lucca	22.50km	(6 hours approx.)



### information & cost

**PRICES START FROM € 695.00 PER PERSON**  
(INCLUDING BED AND BREAKFAST)

For information:  
[prodotti@camminideuropaiee.com](mailto:prodotti@camminideuropaiee.com)

## Spiritual paths of Province of Treviso



The landscape of the Treviso region reflects in its views the deep bond of its people with the Christian worship: hills, towns and gentle slopes are dotted with churches, bell towers and shrines, centuries of history transmitted to posterity as a testimony to how strong was the link between God and people. Places of worship that witness the deep attachment of people to religious traditions. A rural society, tied to its traditions, saw in the church a sort of landmark and identified the clock tower with its territory, a place where to meet and live. Nowadays pilgrim can relive the atmosphere of faith of an ancient time, retracing the route of the spirit running through the province of Treviso, such as the one linked to the "places of the spirit", among which stands

out the Follina Abbey, famous for its uniqueness. Entering in this ancient building dating back to 1146, you can breathe the isolation of the medieval monks, praying in silence, stepping stones of the cloister. The deep religious spirit led to the big devotion to the Virgin Mary, to whom churches and shrines are dedicated. Even the noble city of Treviso, in its rich artistic heritage, includes many churches dedicated to the Holy Maid: the most famous is the Sanctuary of Santa Maria Maggiore, renamed by the popular devotion as "Madona Granda". And people travelling to Treviso can't miss to see two curiosities: in St. Nicholas church a fresco dating back to 1352, representing, for the first time, an object in com-

mon use today: the glasses. In San Francesco church, in the austerity of the order of the "Poverello" of Assisi, were buried Francesca, the daughter of the poet Francesco Petrarca and Pietro, Dante's son. The close link with the Virgin is in path named "places dedicated to the Marian cult" too, in the sites where the Virgin Mary was believed to be appeared as in Motta di Livenza, where the Shrine of Our Lady of Miracles recalls the event of the appearance of the Mother of God to the farmer Giovanni, in March 9th, 1510 or for the Church of Madonna delle Cendrole in Riese. Here

the apparition of Mary led to salvation a young shepherdess, threatened by the wolves during a wood fire. And Riese binds to the third route, following in the footsteps of St. Pius X, one of the most representative character in the Treviso christianity. Giuseppe Sarto - that's the name - was born in the little town of Riese and became Pope in 1903 with the name of Pius X. His birthplace remembers the humble origins of this man who became witness of God to the farmer Giovanni, in March 9th, 1510 or for the outbreak of the European World War I, whose outbreak occurred just in the year of his death, (1914).



### information & cost

QUOTATION ON REQUEST

For information:

[iattreviso@provincia.treviso.it](mailto:iattreviso@provincia.treviso.it)

[www.visittreviso.it](http://www.visittreviso.it)



## The trail of Hope

From Brentino Belluno to the Sanctuary of Madonna della Corona



*The Veronese territory offers to its pilgrim fascinating journeys through faith, history and art. The churches and the parish churches, the monasteries and the abbeys are splendid places of peace and reflection.*

*The "Trail of Hope" is one of the most ancient and stunning pilgrim walk in our district. It stretches silently from the Valley of the River Adige to the peaks of Mount Baldo, just a few kilometers far from the crowded Lake Garda, a place for nature lovers and adventure sports enthusiasts. This route is the ideal starting point for a trip through nature, taste and spirituality.*

Route: Brentino - Santuario della Madonna della Corona  
Route length: 2,425 m  
Difference in altitude: ascent 600 m  
Time: 2 hours  
Easy route

Well-known route frequented by pilgrims, hikers and visitors, the Sentiero della Speranza (Trail of Hope) goes from Brentino Belluno to the Sanctuary of Madonna della Corona. It is approximately 2,425 metres long with a difference in level of 600 meters, the trail takes about 2 hours to cover on foot.

The route starts from the village of Brentino (173 m of altitude) with a paving entering a wood which turns quickly into a narrow path with tight curves. You will find the gorge of the Sanctuary and climb amazing stairs carved into rock leading in a cave placed just under the church.

The first piece of route is linked to a second footpath coming from the village of Spiazzi. An ancient bridge dating back to the 17th century called Ponte del Tiglio crosses the valley. Af-



ter the bridge and a series of steps in the rock you will get the Sanctuary of Madonna della Corona. (773 m of altitude).

The Sanctuary of Madonna della Corona on the rocks above lake Garda is well worth a visit to rediscover the roots of Christianity in the Veronese area.

Located in Spiazzi, at a height of 773 m, this shrine in the Province of Verona is unique as regards its history and its spectacular physical setting. This little jewel should be visited at least once in one's

life-time. It is built into a rocky cliff overlooking the Adige Valley and its name is derived from the "crown" of mountains surrounding it. In the past it was accessible only on foot or by a system of rope-pulleys. A small chapel was built at the shrine in 1530 which soon became a pilgrimage - site. Pilgrims, whose prayers were answered through the intercession of our Lady used to leave small "ex-voto", tablets depicting the dangers our Lady have saved them from, or sicknesses cured. Only a hundred of these count less "ex-voto" remain.



### information & cost

**QUOTATION ON REQUEST**

**For information:**  
Official Tourist Information Boards  
Provincia di Verona Turismo  
[www.tourism.verona.it](http://www.tourism.verona.it)  
[info@tourism.verona.it](mailto:info@tourism.verona.it)

## The Way of Saint Anthony of Padua



The Way of Saint Anthony is the official name for a spiritual experience, a route, a pilgrimage by now undertaken and known by innumerable pilgrims and devotees of the Saint. This is an ancient itinerary rediscovered and given new life by the Conventual Franciscan Friars (custodians of the three Sanctuaries) for pilgrimages on foot to the Saint's Basilica in Padua, in a desire to replicate what Saint Anthony did in that far-off 1231, near death, when he had himself taken from Camposampiero to Padua

on a carriage pulled by oxen. The Way therefore leaves from the Anthony Sanctuaries of Camposampiero to arrive at another one, that of Arcella in Padua where Antonio died, ending up at the Basilica of the Saint.

Thus, a journey of around 25 km, for a total of approximately 6 hours, takes in three sacred areas that are extremely significant from the point of view of devotion to Anthony and his faith, but also in terms of art and history. For the most part, The Way of Saint Anthony follows in the footsteps undertaken ab immemore by countless devotees who have never, despite changing times, interrupted the ancient tradition of travelling on foot to Padua's Saint to seek help and succour. Over the last few years, The Way of Saint Anthony has been undertaken by hundreds of thousands of

pilgrims and devotees, especially young ones.

Then every June, close to Saint Anthony's Day (generally during the "Tredicina" – the 13 consecutive days that commemorate the saint's death) a pilgrimage for the young is offered (open also to any other pilgrims) with a crescendo of applications from around Italy and the rest of the world.

Another peculiar and fundamental characteristic of The Way of Saint Anthony is that its route is entirely pedestrian but also cyclable.

In fact, for the most part the itinerary makes use of country dirt roads and embankments (along the river Muson) right up to the gates of Padua (at Pontevedgarzere) touching tarmac only for certain unavoidable crossings.

This means that The Way of Saint Anthony is extremely safe for the pilgrims that use it, as well as being fascinating for its naturalistic and landscape features. Along the route are many signs indicating "Il Cammino di S. Antonio" (The Way of St. Anthony) as well as placards near the three sanctuaries that feature meditations on the life of the Saint that touch our own existence, inviting us to reflect and make concrete gestures.

Miraculously, the route touches on areas that are still barely urbanized, even though it passes within a hair's breadth of various inhabited centres and the city

*The Way of Saint Anthony venerates some famous episodes that indissolubly link the Saint not only to Padua, but also to the territory that the route winds through. In fact, in the late spring of 1231, Anthony, by this time worn out by his intense preaching in Padua, was looking for a place of peace and quiet. On the invitation of his friend, Conte Tiso (the local Lord), he reached Camposampiero, as reported in the medieval biography, "Assidua" (15,2b): 'after taking leave of the multitudes, he sought a secluded place; and he took himself to the place of Camposampiero, yearning to find peaceful solitude.' Again from 'Assidua' (15,3-6): 'delighted that he had arrived, a nobleman by the name of Tiso devotedly offered this Servant of God the thoughtful homage of his kindness...'*



Continues on page 10 →

Once again, thanks to the 'Assidua' we know how Anthony had a small cell built in a mighty walnut tree. The current Sanctuary of the Walnut Tree was built on the same spot. Also linked to Anthony's presence at Camposampiero is the vision the Saint had of Baby Jesus in the small cell that is still kept in the Sanctuary of the Vision; an event that would have a great influence in spreading devotion to the Saint as well as on his iconography. On the 13th of June 1231, 'At supper time... suddenly all his strength started to leave him. (...) Anthony, Servant of God, feeling the end for his body draw near, called one of his brothers and companions called Ruggero and said to him, Brother, if you agree, I should like to go to Padua at the place of Santa Maria, to lighten every burden for these brothers." Ruggero was persuaded and so the father Saint was laid down...' And so it was that Anthony, lying on a carriage drawn by oxen, was led towards Padua. On the city's threshold, at Arcella, (where the Antoniano dell'Arcella Sanctuary lies today) he breathed his last breath in a

saintly manner, with these last words, 'I see my Lord.' This place was to hold his remains for the time being. Even though the friars had decided not to immediately spread the news of the Saint's death, all of a sudden crowds of innocent young children were running throughout the city chanting at the top of their voices, 'The holy father is dead! Saint Anthony is dead!' The whole city rushed to compete for the body and a fight almost broke out between the various factions that claimed him as their own. When the tumult had died down, the holy remains were taken to the church of Santa Maria Mater Domini: it was the fifth day after his death. After laying the body in the tomb, that same day miracles started to blaze forth, testifying the sanctity of brother Anthony. His fame quickly spread like wildfire, driving the populations from many other cities and regions to visit the tomb, while it was not long before the great Basilica to the Saint was erected, to attract thanks and material favours, but even more to take delivery of examples and incentives of Christian life.



→ of Padua itself. Obviously, from Pontevigodarzere, it is necessary to cross some city neighbourhoods. An internal pedestrian, cyclable route has been located (particularly with respect to the main route that goes from Pontevigodarzere to Arcella) in order to guarantee a trouble-free serene journey.

As for all of the more authentic pilgrimage traditions, also the Camposampiero Friars issue a free "Pilgrimage Credential" to those pilgrims who on foot or bicycle intend to make an authentic Christian pilgrimage to the places of Anthony, and who are steadfast in behaving appropriately. It is necessary to have the

Credential stamped at the respective Sanctuaries visited. This becomes a testimony of the pilgrimage made and remains as a souvenir of an unforgettable experience. Those pilgrims who conclude their pilgrimage to the Saint also receive a cartula at the Basilica, which is a precious certificate/benediction in Latin, signed by the Rector, which officially ratifies the completion of the pilgrimage. Inside the Saint's Basilica, one gesture has continually united all devotees: for an instant your own hand caresses the stone tomb that holds the mortal remains of Saint Anthony, while you pray and ask for the intercession of the Saint.

## information

### TO RECEIVE FURTHER INFORMATION AND THE CREDENTIAL PLEASE CONTACT:

*Frați Minori Conventuali*  
Provincia Patavina di S. Antonio

Basilica del Santo, Ufficio Informazioni  
P.zza del Santo, 11, Padova  
Tel. +39 (0)49 8789722

Convento Sant'Antonio d'Arcella  
Via Bressan, 3 - Padova  
Tel. +39 (0)49 605517

Santuari Antoniani  
Via S. Antonio, 6 - Camposampiero (PD)  
Tel. +39 (0)49 9315711  
(P. Simone e P. Giuseppe)

[www.ilcamminodisantantonio.org](http://www.ilcamminodisantantonio.org)  
[www.riparalamiacasa.it](http://www.riparalamiacasa.it)  
[www.provinciapatavina.org](http://www.provinciapatavina.org)  
[info@ilcamminodisantantonio.org](mailto:info@ilcamminodisantantonio.org)  
[oasigiovani@riparalamiacasa.it](mailto:oasigiovani@riparalamiacasa.it)

### ACCOMMODATION:

Casa del Pellegrino  
Via Cesarotti, 21  
(a lato Basilica del Santo) - Padova  
tel. +39 (0)49 8239711  
[www.casadelpellegrino.com](http://www.casadelpellegrino.com)  
[info@casadelpellegrino.com](mailto:info@casadelpellegrino.com)

### FRANCISCAN YOUTH RECEPTION:

Centro di Pastorale Giovanile  
e Vocazionale  
(P. Simone e P. Giuseppe)  
Via S. Antonio, 6 - Camposampiero (PD)  
Tel. +39 (0)49 9315711  
c/o Santuari Antoniani  
di Camposampiero  
[info@ilcamminodisantantonio.org](mailto:info@ilcamminodisantantonio.org)

### TOURIST INFORMATION FOR PADOVA (PADUA):

[www.turismopadova.it](http://www.turismopadova.it)  
Tel. +39 (0)49 8767911

### HOW TO REACH CAMPOSAMPIERO (PADUA):

#### By train:

Take a train for Camposampiero from Padova railway station. From Camposampiero station, on foot, turn left along Viale Stazione, keep left and then turn left again along Via S. Antonio and after 10 metres you will find yourself in front of the Anthony Sanctuaries.

#### By car:

From Trieste take the Autostrada (Motorway) A4 for Milano (Milan). Exit at "Padova Est", and after the tollbooth take the SS308var to Castelfranco. Exit in the direction of Camposampiero. Follow the signs for Camposampiero.

From Milan take the Autostrada (Motorway) A4 for Venezia (Venice). Exit at "Padova Est", and after the tollbooth take the SS308var to Castelfranco. Exit in the direction of Camposampiero. Follow the signs for Camposampiero.

#### By plane:

For those arriving at Venice's Marco Polo airport, take a train or bus to Mestre (Venezia). Get off at Mestre railway station. Take a train to Padova (Padua). At Padova station, take a train to Camposampiero and follow the instructions in the "By train" section.

For those arriving at Treviso's S. Giuseppe airport, take a bus or taxi to Treviso railway station. Take a train to Castelfranco Veneto (Treviso). There take a train for Padova (Padua) and get off at Camposampiero. Then follow the instructions in the "By train" section.

*The three sanctuaries linked to these events would soon become, at different times, not only sites of art and beauty, but above all destinations of faith and devotion to Anthony attracting countless pilgrims. As for Camposampiero, testimony to this phenomenon are the myriad of ancient inscriptions carved by pilgrims into the Sanctuary's frescoes (photo no. 1) and the bricks of the Cell of the Vision (photo n. 2). The Sanctuaries of the Arcella (photo no. 3) and the Saint's Basilica (photo no. 4) need no further testimony. Thus the "Anthony pilgrimage" is an expression of faith with roots far back in time, which was particular to local people long before becoming a worldwide phenomenon.*

For information:  
[prodotti@camminideuropageie.com](mailto:prodotti@camminideuropageie.com)

## Religious Itineraries in Liguria

including abbeys, monasteries and sanctuaries



### LA SPEZIA

1. LUNI - SARZANA  
(10 km - 24 min)
2. SARZANA  
PORTOVENERE  
(35 km - 50 min)
3. PORTOVENERE  
RIOMAGGIORE  
(22 km - 45 min)
4. RIOMAGGIORE  
MONTEROSSO  
(30 km - 50 min)

The territory around La Spezia, bristling with evocative places of interest to tourists, is home to the Via Francigena in the stretch from Sarzana to Luni along the route that from Pontremoli and Aulla descends towards Lucca, following carriageable roads that run through enchanting ancient villages. Of special interest is the archaeological site of Luni, a former Roman port where ships departed laden with marble, wine, cheese and timber, while in Barbarian times this was the coastal outlet of the salt roads. Just a short distance from the city of La Spezia, here we can also visit the church of Santa Maria Assunta (ex-cathedral), the Sanctuary of Nostra Signora della Scorza, the Sanctuary of Nostra Signora della Neve and the Church of Santissimi Giovanni e Agostino. Along the route is the village of Portovenere, with its Sanctu-

ary of the Madonna Bianca and the Church of San Pietro. Last but not least, a hillside trail, a panoramic route for approximately 6 hours' trekking called "The Cinque Terre Sanctuary Trail" which takes in five places of worship dedicated to the Virgin Mary:

- 1) the Sanctuary of Nostra Signora di Soviore (at Monterosso/Soviore), which is the oldest in Liguria, perched on the homonymous mountain (at 466 m), where nowadays there is a restaurant and a monastery offering overnight accommodation;
- 2) the Sanctuary of Nostra Signora di Reggio, sitting on the hills above Vernazza, has a church containing precious statues and sculptures;
- 3) the Sanctuary of Nostra Signora della Grazie (at Corniglia/San Bernardino), rebuilt in the nineteenth century with a single nave, and a black and white striped façade;
- 4) the Sanctuary of Nostra Signora della Salute (at Menarola/Volastra), 340 m above sea level, is a Romanesque construction from the XII century, initially dedicated to Lawrence of Rome;
- 5) the Sanctuary of Nostra Signora di Montenero (at Riomaggiore), 341 m above sea level, consists of a single nave surrounded by wooden altars and has been an object of great popular devotion for over 6 centuries.

### GENOVA

- (arriving from Monterosso)
1. MONTEROSSO - SAN SALVATORE DI COGORNO  
(50 km - 1 hour)
  2. SAN SALVATORE DI COGORNO - RAPALLO  
(17 km - 18 min) AND

CAMOGLI (9 km - 21 min)

3. CAMOGLI - GENOVA  
(21 km - 52 min)

4. GENOVA - CERANESI  
(21 km - 50 min)  
and ARENZANO  
(32 km - 1 hour and 20 min)

In the province of Genova there are important religious sites that merit a visit: the Basilica of San Salvatore dei Fieschi in the charming village of the Fieschi at San Salvatore di Cogorno, was begun in 1245 and features three naves with a wooden roof; the Sanctuary of Nostra Signora di Montalegro (at Rapallo), built on the mountain with the same name following an apparition of the Virgin in 1557 and nowadays the focus of great devotion for the inhabitants of the Gulf of Tigullio; the Abbey of San Fruttuoso di Capodimonte (at Camogli, reachable by boat from Camogli or

on foot from Ruta di Camogli or Portofino), dating back to the VIIIth century when the church and adjoining monastery were built, the Sanctuary of the Bambino di Praga (at Arenzano), in the form of a Latin cross and founded in 1905 by the Carmelitani Scalzi, stands on a rise and is the only basilica in the world dedicated to Baby Jesus; the Sanctuary of Nostra Signora della Guardia (at Ceranesi) is in Renaissance style with a Latin cross layout and perches on the summit of Monte Figogna (804 m) offering a wonderful panoramic view of the Polcevera valley. In addition, in Genova itself, there is the Cathedral of San Lorenzo, the Sanctuary of Nostra Signora Assunta (also known as "della Madonneta"), which looms above Castelletto dominating the panorama of the port and historic centre,



and the Sanctuary of Nostra Signora del Monte.

### SAVONA

(arriving from Arenzano)

1. ARENZANO - SAVONA  
(25 km - 53 min)
2. SAVONA - FINALE LIGURE  
(23 km - 46 min)
3. FINALE LIGURE - LOANO  
(10 km - 21 min)

The territory around Savona offers the chance to visit three important places of worship: the Monastery of Monte Carmelo (at Loano), the Abbey of Santa Maria di Finalpia (at Finale Ligure) and the Sanctuary of Nostra Signora della Misericordia (at Savona). Other interesting visits are the medieval village of Toirano, with its Sanctuary of Santa Lucia (XV-XVI century) and its 50 famous grottoes dating to the Lower and Middle Palaeolithic era, the Eremo del Deserto at Varazze, belonging to the Carmelite order and situated in a secluded place amongst mountains and woods, on the SS 542 road from Varazze to Sassello.

### IMPERIA

(arriving from Loano)

1. LOANO - SAN BARTOLOMEO AL MARE  
(36 km - 20 min)  
E IMPERIA MONTEGRAZIE  
(25 km - 35 min)
2. IMPERIA MONTEGRAZIE  
REZZO (40 km - 1 hour)
3. REZZO - TAGGIA  
(57 km - 1 hour and a half)
4. TAGGIA - BUSSANA  
(6 km - 15 min)
5. BUSSANA - SANREMO  
(10 km - 30 min)

Important stops on a cultural and religious itinerary around Imperia are: the Sanctuary of Nostra Signora di Montegrazie (at Imperia), dating back to 1450 which has three



naves divided by two orders of columns with ogival arches in dark stone, and built following precise architectural modules in proportion with the columns including their bases and capitals; the Sanctuary of Nostra Signora del Santo Sepolcro e Maria Bambina, situated in the historic centre of Rezzo, dominates the forested valley and is in Romanesque style with three naves divided by columns; the Sanctuary of Nostra Signora della Rovere (at San Bartolomeo al Mare), the Sanctuary of Nostra Signora della Guardia (at Sanremo) which sits on a hummock from which a spectacular panorama of the Gulf of Sanremo can be enjoyed, the Bramante-style Sanctuary of the Sacro Cuore di Gesù (at Bussana) built to render thanks for divine benevolence on the occasion of the 1887 earthquake and the Monastery of San Domenico (at Taggia), built in 1459, which has been the cultural and artistic centre of west Liguria for a good three centuries.

## information

### IAT - MUNICIPALITY OF GENOVA

GENOVA  
Via Garibaldi, 12 r  
Palazzo delle Torrette  
Tel. 010 5572903-751  
genovaturismosed@comune.genova.it

Tel. +39 (0)19 8402321  
Fax +39 (0)19 8403672  
infosanremo@visitrivieradeifiori.it

### IAT - PROVINCIA DI SAVONA (RIVIERA DELLE PALME)

SAVONA  
Via Paleocapa, 76 r  
Tel. 019 8402321  
Fax 019 8403672  
savona@inforiviera.it

### IAT - PROVINCE OF GENOVA

SANTA MARGHERITA LIGURE  
Piazza Vittorio Veneto  
Tel. +39 (0)185 287485  
Fax +39 (0)185 283034  
iat.santamargheritalig@provincia.genova.it

### IAT - PROVINCE OF LA SPEZIA (CINQUE TERRE AND GULF OF THE POETS)

LA SPEZIA  
Viale Italia, 5  
Tel. +39 (0)187 770900  
Fax +39 (0)187 023945  
iat\_spezia@provincia.sp.it

### IAT - PROVINCE OF IMPERIA (RIVIERA DEI FIORI)

SANREMO  
Largo Nuvoloni, 1

For information:  
[prodotti@camminideuropageie.com](mailto:prodotti@camminideuropageie.com)

## Walking with Matilde

Middle Age Route in Appennino Tosco Emiliano



Start your journey across sweet mountains of Appennino Tosco Emiliano, between Europe and Mediterranean Sea, where you can see towers and castles, medieval churches and villages, in a wonderful natural area made of woods, fields and rocks, rivers and fountains. Along the ancient roads it's still possible to find traces of ancient men... pilgrims... soldiers and you can meet the European woman,

Matilde of Canossa. From Reggio Emilia, passing through the heart of the territory, Canossa castle, you can go on towards Tuscany. Everywhere you'll find historical events and the excellent products of the territory.... Parmigiano Reggiano, Aceto Balsamico and a lot of traditional dishes.

Guides can take You in special places giving you information and suggestions for the journey.



### information & cost

For small groups from 2 to 10 people.  
From April to October.  
From 50 euro a day person (half board)  
Additional services: lunches, tickets, guides, transports.

**For information:**  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)

It's possible to build up a personal program for your trip:

- you can stay 2 days or more
- you can choose your accommodation: hotel, hostel, Bed & Breakfast, rooms to rent, farm holiday
- you can choose what to visit and see: natural places, monuments,...
- you can have your trip by car, by small bus, or just walking



## From Fanano to Monte Cimone

**1<sup>st</sup> DAY / Friday** - Morning arrival at Fanano Hospital: short visit to the hamlet, famous for its Ospedale di S. Giacomo di Valdilamola founded in 751 on the Mutina-Pistoia Roman road for the Calanca Pass; visit to the Parish Church. Departure to check in at farm holiday centre/refuge. On reaching Capanno Tassoni, we continue towards the Croce Arcana Pass from the summit of which we can see Corno alle Scale on one side and Mount Cimone on the other. Further on we arrive at Lake Scaffaiolo where we find the Duca degli Abruzzi refuge. (various stretches of the proposed itineraries can also be tackled on mountain bike, on foot, on horseback or on cross country skis in the event of snow). Lunch at your leisure with afternoon return to the farm holiday centre/refuge for dinner and overnight stay.

**2<sup>nd</sup> DAY / Saturday** - Departure after breakfast for Canevare and check-in at the farm holiday centre. Departure for Lago della Ninfa where the military road passes on its way to Cimoncino, at Pian Cavallaro (1,880 m above sea level) and then on to Mount Cimone (2165 m). The breathtaking panorama to be seen from the summit is the most far-reaching view of Italy anywhere. In fact, in conditions of maximum visibility, on the horizon may be seen the whole sweep of the Alps, the Adriatic sea, Mount Amiata, Argentario, the Tyrrhenian sea, plus the islands of Elba, Corsica, and Capraia (various stretches of the proposed itineraries can also be tackled on mountain bike, on foot, on horseback or on cross country skis in the event of snow).

**3<sup>rd</sup> DAY / Sunday** - After breakfast a visit to a dairy that produces Parmesan cheese. Departure for Fanano with a visit to the historic centre, the site in the Middle Ages of an important Monastery linked to the Abbey of Nonantola and a point of reference for the wayfarers who roamed the mountain passes between Emilia and Tuscany. A religious centre which among the many in Frignano still possesses many of its original buildings. Lunch at your leisure and afternoon departure for Vignola with the possibility of visiting a vinegar works and enjoy a tasting.

### information & cost

**PRICES START FROM**  
**€ 35.00 PER HEAD IN A DOUBLE ROOM**

Organised by: D&BACT GROUP  
tel. +39 338 354 8909 - 349 735 0804  
Secretary's office c/o AVServizi  
tel. +39 (0)59 452199 - fax +39 (0)59 328311  
[www.debact.it](http://www.debact.it) - [segreteria@debact.it](mailto:segreteria@debact.it)

**For information:**  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)

## Discovering the Vastese, a trip around Abruzzo

among sea and mountains, art, nature and typical products



### 1<sup>ST</sup> DAY / Friday

Afternoon check-in at a farm holiday centre or a small country hotel. Handing out of information and descriptive material. Welcome Dinner based on typical local products and cooking.

### 2<sup>ND</sup> DAY / Saturday With spirit for the Spirit, in an integral setting

Starting from the Sanctuary of the Madonna dei Miracoli at Casalbordino, the Marian cult leads the faithful across the territories of Pollutri with its Sanctuary of the Madonna delle Grazie at Montediorisio and ending up at the Mater Domini in Fraine. After reaching the Sanctuary of Santa Maria del Monte near Castiglione Messer Marino, we continue to the monumental religious complex of Madonna del Canneto, near Celenza sul Trigno, with nearby important archaeological remains from the Roman period. The Vastese hinterland is characterised by a natural environment that is still integral and barely anthropized, which encourages enjoyment of the peace and quiet of the ancient villages, the healthiness of the vast forests and the wide open panoramas far from the congestion of the

seaside. A second itinerary starts from the Church of San Sabino at Furci, where the earthly remains of Beato Angelo are venerated, it leads to the evocative stalactite grotto of the Chapel of San Michele Arcangelo at Liscia (cult of the waters) to arrive at the Benedictine monastery of Sant'Antonio at San Buono, a seventeenth century monumental complex surrounded by a forest thick with oak trees, which nowadays is home to the regionally significant "Museum for Art, Archaeology and Culture of the Vastese". We then carry on towards Lentella with its Sanctuary of Santi Cosma e Damiano or towards Tuffillo with its parish church of Santa Giusta, both featuring thirteenth century portals in finely worked local stone.

### 3<sup>RD</sup> DAY / Sunday Landscape, art, tradition and cuisine

After visiting Vasto, an ancient Roman municipality once called Histonium, where it is possible to visit numerous churches, the Avalos palace, the Caldora castle and enjoy the extensive view over the wide bay of Vasto Marina and San Salvo, we go back up the Trigno to arrive first at Dogliola and then Palmoli, a medieval village dominated by the

Bassi-D'Alanno castle, sporting an octagonal watchtower used in the past also for defence thanks to its commanding view of the surroundings, and which contains a small ethnographic museum of local traditions. We continue on to Carunchio, classified as one of the "One Hundred Most Beautiful Villages in Italy" thanks to its morphological characteristics, where it is possible to visit Palazzo Turdò and the Church of San Giovanni Battista enriched by a monumental, richly decorated eighteenth century wooden organ.

Then crossing swathes of forest brimming with wild fauna, including boar, we reach Torrebruna, where the historic fountain at the heart of the village is worth seeing, and then continue to Castiglione Messer Marino, a renowned summer tourist resort, and Schiavi d'Abruzzo, where it is possible to visit the Italic Temples of the Sabellian period. A stone's throw away lies Agnone, an Alto Molise village, which will charm you with its copper craftwork, confetti, and historic pontifical bell foundry with adjoining museum. If you choose, there is a second route which touches on places where culinary flavours and traditions are perfectly conserved,

where it is possible to visit companies that make typical local products, and taste and purchase these. The itinerary can start from Scerni, the seat of the Accademia della Ventricina, a noble, traditional salami which is the food symbol of the entire Vastese territory. Along various routes inside Medio Vastese, Pollutri, Montediorisio, Cupello, Fresagrandinaria, Gissi, Casalanguida, Carpineto Sinello, Guilmi, and Roccaspalveti are just some of the villages worth visiting, abounding in castles and aristocratic residences, towers and city walls, and monumental fountains. In the hill country, as well as salami, you can taste extra virgin olive oil, local wines, cheese, confectionery and jam. The latter, together with honey, truffe, mushrooms, or craft products including lace, are characteristic of Alto Vastese.

## information & cost

**PRICES START  
FROM € 110.00 PER PERSON**

Organized by:  
BAGHEERA Viaggi  
tel. +39 (0)873 366355 - bagheeraviaggi@tin.it

**For information:  
prodotti@camminideuropageie.com**

*The Vastese area, lying between the Oseinto, Sinello and Trigno rivers in the province of Chieti (Abruzzo), feature numerous monuments and historical testimonies linked to exigencies and routes of a religious nature, including: the cult of the Archangel Michael in some municipalities of the hinterland, the cult of Saint James, historical traces of hospitals for pilgrims and merchants in almost every centre in the area, settlements of the Chivalrous Orders, Benedictine monastic settlements with annexes and granaries all over the Vastese.*



## The Franciscan Way in Lazio

### THE RING OF THE "VALLE SANTA"

**Individual self-organized  
journey on foot  
along the paths  
of "The Franciscan Way"**

*A ring of paths around the "Valle Santa – Holy Valley" that takes in the city of Rieti, the four Franciscan sanctuaries and various medieval villages. Signposted route with facilities. Personalized route guide and map included in the package. Telephone assistance. Optional luggage transport.*



#### 1<sup>ST</sup> DAY

Arrival in Rieti under your own steam. Check-in to a cosy Bed & Breakfast or a smart 4 star hotel in the historic centre of Rieti.

#### 2<sup>ND</sup> DAY

Breakfast. Start of the 1<sup>st</sup> stage (21 km) from Rieti Cathedral (405 m above sea level). Leaving the city, we follow the course of the River Velino, with its matchless limpid water, then a climb through the wood to the Sanctuary of Fonte Colombo. We carry on up and down the Sabine Mountains: passing by way of the villages of Sant'Elia and Contigliano, and the Abbey of San Pastore we arrive at the village of Greccio (700 m above sea level). Accommodation in a smart hotel in the centre or in a nearby Bed & Breakfast.

#### 3<sup>RD</sup> DAY

Breakfast. The 2<sup>nd</sup> stage (14 km) starts from Greccio: a climb to the summit of the Sabine Mountains, at 1,200 m, to visit the Chapel

of San Francesco. The route continues through woods of beech and Turkey oak towards the Ruschio plateau; then down towards a centuries-old Holm-oak wood until we reach the Sanctuary of Greccio. After the visit, the route continues through small settlements until we reach a small historic farm at the foot of the valley. Overnight stay in a farm holiday centre.

#### 4<sup>TH</sup> DAY

Breakfast. The 3<sup>rd</sup> stage (20 km) runs almost entirely across the plain. We begin by crossing the farmland, then continue to the Castle of Terria and from here to the bridge over the River Velino. We continue by crossing the Laghi Lungo e Ripasottile Nature Reserve. Arrival at Borgo San Pietro and overnight stay in a small hotel or Bed & Breakfast, surrounded by greenery and with a panoramic view.

#### 5<sup>TH</sup> DAY

Breakfast. The 4<sup>th</sup> stage (20 km) begins with an ascent to the Sanctuary of Poggio Bustone, at 815 m above sea level. After visiting the monastery and possibly also the small rocky church of the "Sacro Speco" (1,000 m), we follow the Way through the woods that cover the sides of the mountainous mass that is Terminillo. After the tiny but charming village of San Liberato, we continue to Cantalice, abounding in illustrious buildings clinging to a steep rocky wall. We then descend towards the Sanctuary of San Felice all'Acqua and then climb again to the Franciscan Sanctuary of Santa Maria della Foresta. After the visit, we carry on to the city of Rieti to stay overnight in a cosy Bed & Breakfast or a smart 4 star hotel.

#### 6<sup>TH</sup> DAY

Breakfast. End of trip.

### information & cost

**PRICES START FROM € 200.00 PER PERSON**

[www.camminodifrancesco.it](http://www.camminodifrancesco.it)

Organized by IL MESTIERE DI VIAGGIARE

tel. +39 (0)746 1795966 / (0)74 6271585 - fax (0)746 760044

[info@ilmestierediviaggiare.it](mailto:info@ilmestierediviaggiare.it)

6 days / 5 nights / 4 stages

The itinerary is also available for individuals and small groups, for 4 days/3 nights starting from € 180.00.

**For information:**

[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)



## From Rieti to Rome



### 1<sup>ST</sup> DAY

Arrival in Rieti under your own steam. Check-in to a cosy Bed & Breakfast or a smart 4 star hotel in the historic centre of Rieti.

### 2<sup>ND</sup> DAY

Breakfast. Start of the 1<sup>st</sup> stage (21 km) from Rieti Cathedral. Leaving the city, we cross the luxuriant Sabine countryside, surrounded by mountains clad in woods and olive groves. Along the way it is possible to visit the medieval villages of Ornaro and Torricella Sabina. Just before arriving in Poggio S. Lorenzo, we leave the route to reach a farm holiday centre for an overnight stay.

### 3<sup>RD</sup> DAY

Breakfast. The 2<sup>nd</sup> stage (25 km) winds through the Sabine hills, swathed in olive groves, vineyards and woods. After passing the villages of Poggio San Lorenzo and Monteleone Sabino, we arrive at the archaeological area of Trebula Mutuesca and the Romanesque Church of Santa Vittoria. We continue towards Poggio Moiano and Ponticelli, then we deviate from the signposted route to-

wards the Franciscan Sanctuary, "Eremo di Santa Maria delle Grazie" and from there to the farm holiday centre amongst the olive groves to spend the night.

### 4<sup>TH</sup> DAY

Breakfast. The 3<sup>rd</sup> stage (26 km) begins by returning to the road for Ponticelli. We cross the hills lorded over by Orsini Castle and continue among olive groves, vineyards and orchards, passing through Acquaviva di Nerola and Montelibretti. Here the landscape opens onto the small rises around the Tiber Valley and we enter the territory of Palombara Sabina, where we stop for the night in a farm holiday centre surrounded by sweeping orchards.

### 5<sup>TH</sup> DAY

Breakfast. The 4<sup>th</sup> stage (26 km) begins by crossing the Macchia di Gattaceca e Macchia del Barco Nature Reserve, then on towards Monterotondo, the last town on the Way. Further on, the plain alternates with small hummocks across the protected area of the Marcigliana Park.

Thus we reach the suburbs of Rome and the accommodation selected.

### 6<sup>TH</sup> DAY

Breakfast. The 5<sup>th</sup> stage (18 km) begins from the hotel: after a stretch that runs through the smart Montesacro quarter, we cross the bridge over the River Aniene to turn onto the cycle/pedestrian track that winds through the up-market Salario, Parioli and Flaminio neighbourhoods, then crosses the Tiber over the Milvio bridge. The trail continues along the river; on reaching Castel Sant'Angelo, we reach street level and take Via della Conciliazione to reach Saint Peter's Basilica. The certificate can be collected from the Ufficio Pellegrinaggi (Pilgrim's Office) in Piazza Pio XII. Accommodation near the Vatican or in another area of the historic centre.

### 7<sup>TH</sup> DAY

Breakfast. End of trip. N.B.: the distances given for each stage include any deviations from the route where necessary to reach the accommodation directly on foot.

### THE LAST 100 KM OF "THE FRANCISCAN WAY"

#### Individual self-organized journey on foot, from RIETI to ROME

*A fascinating itinerary from Rieti to Vatican City that takes in the luxuriant countryside and dense woods of the Sabina, medieval villages and castles. Signposted route with facilities. Personalized route guide and map included in the package. Telephone assistance. Optional luggage transport.*

## information & cost

### PRICES START FROM € 200.00 PER PERSON

Organized by IL MESTIERE DI VIAGGIARE  
tel. +39 (0)746 1795966 / (0)746 271585 - fax (0)746 760044  
info@ilmestierediaggiare.it

7 days / 6 nights / 5 stages

This itinerary is also available, as a trek,  
for 5 days/4nights starting from € 240.00

#### For information:

[prodotti@camminideuropeie.com](mailto:prodotti@camminideuropeie.com)

## The way of the Apostle Thomas

### 1<sup>ST</sup> DAY

Arrival in Pescara. A visit to the birthplace of the poet Gabriele D'Annunzio, declared a National Monument, and to the Museum of the people of Abruzzo, located in the former Bourbon Bath. Of great importance are also the imposing Cathedral of St. Cetto, Patron Saint of Pescara, and Villa Urania, which houses one of the world's most important collections of artistic ceramic of Castelli. A visit to the city of Chieti, an ancient Roman town, with the Cathedral of St. Justin Bishop and Martyr and the National Archaeological Museum, which houses the symbol of Abruzzo, the magnificent statue of the Capestrano Warrior (sixth century B.C.). Dinner and overnight stay (in Pescara) or travel to Campi. During the journey, it is possible to

visit the lovely ancient cities of Moscufo, Loreto Aprutino and Penne, important production centers of Abruzzo's olive-growing. Not to be missed is Atri, a splendid city of art, with the Cathedral of Santa Maria Assunta. Stop in Giulianova, on a shore of the enchanting Teramo coast, to visit the Sanctuary of Madonna dello Splendore, built after the apparition of the Virgin on April 22, 1557. Dinner and overnight.

### 2<sup>ND</sup> DAY

Morning transfer to Campi, to visit the church of St. Paul where houses the Holy Stairs. In 1772 Pope Clement XIV granted to the town the privilege to host the Holy Stairs, which bestows absolution of sins and a plenary indulgence to those climbing on their knees its twenty eight steps. From Campi, it is possible to reach Civitella del Tronto, with its stunning Bourbon fortress and the Benedictine abbey of Santa Maria in Montesanto (dinner and overnight stay), or continue to Teramo, the ancient Interamnia Praetutiorum, with its Cathedral that houses a silver altar frontal created in 1433 by Nicola from Guardiagrele (Dinner and overnight stay) or transfer Morning to the small centre of Isola del Gran Sasso where we find the Shrine of Saint Gabriel of Our Lady of Sorrows. The tomb of Saint Gabriel, the Saint of joy and the smiling protector of the young Catholics, is visited by thousands of pilgrims throughout the



year. Not very far away we find L'Aquila, which ties its name to one of the most important personalities in the history of the Church and the religiosity of Abruzzo: Pietro da Morrone, who was elected Pope with the name of Celestine V in 1294. We then proceed to Balsorano for a visit to the Castle of the Piccolomini of the 11<sup>th</sup> Century and the Grotto of Sant'Angelo, the most famous shrine in grotto in Valle Roveto. Arrival in Sulmona in the afternoon, birthplace of the Latin poet Ovid and Pope Innocent VII, visit to the Celestine Abbey and the SS. Annunziata complex. Dinner and overnight stay.

### 3<sup>RD</sup> DAY

Departure for the Abbey of San Clemente a Casauria, built in 871 by the Emperor Ludovic II. During the morning transfer to Manoppello and a visit to the Shrine of the Holy Face that houses to the sacred shroud of Veronica, an "acheropite" image, not painted by the hand of man, considered together with the Shroud of Turin, to be one of the two original faces of Christ. Also in

Manoppello, it is possible to admire the Abbey of Santa Maria d'Arabona, a jewel of Cistercian architecture. Just a few kilometres away one finds the must see attractive Celestine hermitages of Santo Spirito and San Bartolomeo. Afternoon arrival at Bucchianico, birthplace of San Camillo de Lellis, founder of the Order of the Ministers to the Sick, which his church-shrine and convent are devoted to. From Bucchianico departure to Guardiagrele, an enchanting town famous for its tradition of goldsmith, iron and copper craftsmanship. Not to be missed is the Cathedral of Santa Maria Maggiore and the church of St. Francis, which preserves the relics of St. Nicholas Greek. Next stop will be Fara San Martino, in the attractive surroundings at the foot of the Maiella mountains. It is possible to visit the abbey of San Martino in Valle, a splendid example of Benedictine architecture set in the rock. Dinner and overnight stay.

### 4<sup>TH</sup> DAY

Departure for Casalbordino, passing through Lan-



*Abruzzo, land of a thousand fascinations and strong emotions, takes the visitor on a journey where past and present merge and enthralling strength of culture combines with the grandeur of the natural landscape.*

ciano, with a visit to the Shrine of Our Lady of the Miracles, whose origins are tied to the miraculous apparition of the Holy Virgin on the day of the Pentecost in 1576. The Shrine is the destination of thousands of pilgrims every year from all over Italy. We then continue on to Montedorisio, one of the small centres of Abruzzo of great importance in Medieval historical and artistic panoramas, and a visit to the Shrine of Our Lady of Graces, built in 1895, which houses very original frescoes in the liberty style. In the afternoon transfer to Vasto where there is a strong devotion to the Crowned Virgin, which finds its origins in a miraculous episode taken place in 1738. Then we have a break in the Church of Santa Maria Maggiore which is home to a precious relic: a

thorn from the Crown of Christ donated by Pio IV to Alfonso d'Avalos, which is covered by white down on Good Friday. Dinner and overnight stay.

#### 5<sup>TH</sup> DAY

Transfer to Fossacesia where we can find the splendid Abbey of Saint John in Venus, which has a certain appeal. Overlooking the picturesque Gulf of Venus, the structure represents a real and actual jewel of Roman art, austere and attractive thanks to position its overlooking the sea and immersed in the vegetation of the Mediterranean. From Fossacesia, along the Sangro valley road, is the charming town of Villa Santa Maria, well-known as "Home of the Chefs" and the birthplace of St. Francis Caracciolo, Patron Saint of Italian chefs. Its prestig-

ious Hotel Management Institute has been training world famous chefs for many years. Then we continue on to Lanciano, city of the Eucharistic Miracle. In the Church of Saint Frances the first Eucharist Miracle in Christian history is held, that took place in the 8th Century when the doubt of a Brazilian monk transformed the sacred host into flesh and the wine into blood. The subterranean archaeological passage is quite beautiful, it connects the Diocletian Bridge on which the Cathedral dedicated to Our Lady of the Bridge to the structures of San Legonziano and San Francesco. Also to be seen are the church of Santa Maria Maggiore, an extraordinary example of Burgundian-Cistercian art and The Diocese Museum, with important evidence of sacred art. Dinner and overnight stay.



*The way of the Apostle Thomas, whose the sacred remains, kept in the Cathedral of Ortona since 1258, is characterized by the spirituality of the places and characters that one meets along the way. Its foundation lies in the historical role that the territory of Abruzzo assumed over the centuries, as a compulsory passage between the North and South passages (Traiana-Frentana), from Santiago de Compostela to the Holy Land, and East to West (Tiburтина-Valeria), from Rome to the Holy Land.*

*A religious and cultural journey, over 450 km long, that blends faith and culture, together with art, natural beauty, traditions, popular customs and gastronomy, enduring the value of pilgrimage into the third Millennium.*

#### 6<sup>TH</sup> DAY

Departure for Ortona continuing along the attractive Trabocchi Coast. Arrival and visit to the Cathedral of Saint Thomas the Apostle to pray in the crypt that contains the Sacred Remains of the Apostle. Celebration of Mass. In the afternoon a tour of the city, including the Aragon Castle built overlooking the sea, the Farnese Palace, splendid residence of Margaret of Austria. Then a break at the pillar that is testament to the two visits of Saint Bridgid to the tomb of Saint Thomas the Apostle. Dinner and overnight stay.



### information & cost

QUOTATION ON REQUEST

IAT – Tourist Information Center - Lanciano  
tel/fax +39 0872 717810  
iat.lanciano@abruzzoturismo.it

## The Franciscan Way in Umbria



Walking in the footsteps of Francis of Assisi through the timeless beauty of the Umbrian landscape. A way to rediscover the pleasure of moving at the slow rhythm of your steps and thoughts among the hermitages, sanctuaries, ancient woods and medieval cities that inspired the Saint from Assisi's love for nature and all her creatures. The Way of Francis in Umbria stretches for a total of 276 km. The route is subdivided into stages; you can choose whether to do them all (approx. 16 days) or choose which stages to do based on your tastes and physical condition. The route is well signposted.



### 1<sup>ST</sup> STAGE

CITERNA-CITTÀ DI CASTELLO

Length: 18.7 km

Difference in height:

+ 630 / -700 m

Difficulty: demanding

FRANCIS AT CITERNA

*"Out, out the devil in you." Immediately she was seized, that wretched woman, and hoisted into the air, and from that moment on was no longer seen by anyone. (La Franceschina - G. Oddi, 1474, vol. I, p. 422).*

### 2<sup>ND</sup> STAGE

CITTÀ DI CASTELLO

COLLEVECCHIO

Length: 11.2 km

Difference in height:

+ 400 / -110 m

Difficulty: average

FRANCIS

AT CITTÀ DI CASTELLO

*...hearing the people from the Contrada passing, everyone pushing and shoving to see him, and men and women, small and grownup, and all with great devotion and longing did everything possible to touch him and kiss his hand. And since he could not deny the people their devotion, and since he had bound his palms to hide his stigmata all the more, he bound them up again and covered them*

*with his sleeves, and offered no more than his uncovered fingers to be kissed...*

### 3<sup>RD</sup> STAGE

COLLEVECCHIO

PIETRALUNGA

Length: 18.5 km

Difference in height:

+ 460 / - 520 m

Difficulty: average

FRANCIS AND NATURE

*Be Praised, My Lord, for our sister, Mother Earth, the which sustains and keeps us and brings forth diverse fruits with grass and flowers bright.*

### 4<sup>TH</sup> STAGE

PIETRALUNGA - GUBBIO

Length: 25.8 km

Difference in height:

+ 370 / - 450 m

Difficulty: demanding

FRANCIS AT GUBBIO

*When the son of Pietro Bernardone, persecuted by his father, disinherited and almost nude, left Assisi on foot guided by Providence, which led him along the road to Gubbio, where he finally arrived, it can be imagined in what state, after the various vicissitudes of that journey... ('Vita prima' by Tommaso da Celano)*

### 5<sup>TH</sup> STAGE

GUBBIO - BISCINA

Length: 22.8 km

Difference in height:

+ 520 / - 500 m

Difficulty: demanding

FRANCIS AND THE WOLF OF GUBBIO

*And after preaching, Saint Francis said: "Hear me, my brothers: brother wolf, who is here in front of us, has promised me and assured me, neither to harm me nor anybody else, and you must promise to give him anything necessary; and I stand surety for him that he shall stringently observe this pact of peace." (Fioretti - 1852).*

### 6<sup>TH</sup> STAGE

BISCINA - VALFABBRICA

Length: 15.2 km

Difference in height:

+ 420 / - 360 m

Difficulty: average

FRANCIS ASSAULTED

BY BRIGANDS

*... All of a sudden, some rascals fell on him, demanding him brutally who he was. The man of God replied fearlessly and confidently: "I am the herald of the great King; is this of interest to you?" They beat him and threw him into a ditch full of snow, saying: "Stay there, boorish herald of God!" But he, looking around and shaking the snow off him, as soon as the brigands had disappeared, leapt out of the ditch and joyfully started singing at the top of his lungs, filling the wood with praises to the Creator of all things. ... ('Vita prima' by Tommaso da Celano)*

### ALTERNATIVE ROUTE

VALFABBRICA - ASSISI

Length: 14 km

Difference in height:

+ 550 / - 330 m

Difficulty: average

*"Francis harboured great veneration and affection for the sign of the Tau; he recommended it often when speaking and he wrote it with his own hand on the notes he sent" (FF. 1079).*

### 7<sup>TH</sup> STAGE

VALFABBRICA - RIPA

Length: 10.5 km

Difference in height:

+ 90 / - 50 m

Difficulty: easy

### 8<sup>TH</sup> TAPPA

RIPA - PERUGIA

Arrival: Perugia

Length: 16.5 km

Difference in height:

+ 320 / - 170 m

Difficulty: easy

### FRANCIS AT PERUGIA

"In your opinion, what will I become in life? Know ye that I shall be adored all over the world." (Legend of the Three Companions, chap. II, no.4 - F.1398)

#### 9<sup>TH</sup> STAGE

Length: 27 km  
Difference in height:  
+ 350 / - 355 m  
Difficulty: average  
**PERFECT HAPPINESS**

...A time came when, while Saint Francis of Assisi and brother Leone were going from Perugia to Saint Maria degli Angeli, the holy friar explained to his travelling companion what "perfect happiness was"... (Fioretti - 492).

#### 10<sup>TH</sup> STAGE

ASSISI - FOLIGNO  
Length: 21.8 km  
Difference in height:  
+ 690 / - 885 m  
Difficulty: demanding  
**DANTE DESCRIBES ASSISI, BIRTHPLACE OF FRANCIS**  
Upon that side, where it doth break its steepness most / arose a sun upon the world / as duly this from Ganges doth. Therefore let none who speak of that place / say Ascesi for its name were lamely so deliver'd / but the East to call things rightly (Divine Comedy - Dante Alighieri, Paradise, canto XI)

#### 11<sup>TH</sup> STAGE

FOLIGNO - TREVÌ

Length: 12.4 km  
Difference in height:  
+ 260 / - 90 m  
Difficulty: easy

#### FRANCIS AT FOLIGNO

"Francis therefore leapt to his feet, made the sign of the cross, readied a horse, climbed into the saddle and, taking scarlet clothes with him, made great haste for Foligno. There, as was his habit, he sold all his goods, and with a stroke of good fortune the horse too." ('Vita prima' by Tommaso da Celano, 333-335)

#### 12<sup>TH</sup> STAGE

TREVÌ - PORETA  
Length: 12.4 km  
Difference in height:  
+ 430 / - 470 m  
Difficulty: average  
**AT TREVÌ**

"...the blessed Francis in front of everyone said to him: Brother ass, calm down and let me preach. And the ass immediately calmed down, put its head between its hooves and remained motionless in total silence..." ('De Conformitate' by Bartolomeo da Pisa)

#### 13<sup>TH</sup> STAGE

PORETA - SPOLETO  
Length: 15.9 km  
Difference in height:  
+ 520 / - 500 m  
Difficulty: demanding  
**FRANCIS AT SPOLETO**  
Nihil iucundius vidi valle mea spoletana (I've never seen anything more joyful than my valley of Spoleto) (Saint Francis)

#### 14<sup>TH</sup> STAGE

SPOLETO - CESELLI  
Length: 15.9 km  
Difference in height:  
+ 490 / - 680 m  
Difficulty: demanding  
**THE DREAM OF SAINT FRANCIS**  
And so getting on his way, he reached Spoleto and



there started to feel unwell. However, worried about his journey, while he was resting, in his drowsiness he heard a voice asking him where he was headed for. Francis explained his ambitious project to him. And he, "Who could be more useful to you: the master or the servant?" He replied, "The master." The other retorted, "So why abandon the master to follow the servant, and the prince for his subject?" At this point Francis asked, "Lord, what do you want me to do?" The voice concluded, "Go back to your city and there you'll be told what you have to do; after the vision has appeared to you, you have to interpret it in a completely different way." Legend of the Three Companions (chap. II)

#### 15<sup>TH</sup> STAGE

CESELLI - ARRONE  
Length: 14 km  
Difference in height:  
+ 130 / - 180 m  
Difficulty: easy  
**FRANCIS AND NATURE**  
Be praised, My Lord, through

Sister Water / she is very useful, and humble, and precious, and pure. (Praise of the Creatures, Saint Francis of Assisi)

#### 16<sup>TH</sup> STAGE

ARRONE - PIEDILUCO  
Length: 13 km  
Difference in height:  
+ 180 / - 20 m  
Difficulty: average  
**FRANCIS AND THE VALLE REATINA**  
Francis loved the hermitage at Greccio, where the friars were virtuous and poor, and also had a predilection for the inhabitants of that land due to their poverty and simplicity. And so it was that he went there often to rest and linger awhile, further attracted by a small cell that was extremely humble and isolated, where the holy father loved to meditate. (The Legend of Perugia, 34, in Franciscan Sources)

#### ALTERNATIVE ROUTE

ARRONE - STRONCONE  
Length: 287 km  
Difference in height:  
+ 926 / - 415 m  
Difficulty: demanding



## information & cost

### QUOTATION ON REQUEST

[www.viadifrancesco.it](http://www.viadifrancesco.it)

For information and a quote:  
[prodotti@camminideuropaie.com](mailto:prodotti@camminideuropaie.com)



## The Franciscan Way from Assisi to Greccio

### GREAT FRANCISCAN SANCTUARIES

*Self-guided itinerary for individual travellers and small groups (1-8 persons)*

*A 150 Km signposted path leads you from the Sanctuaries of Assisi over mountains and valleys to Spello, Foligno, Trevi, Spoleto, Monteluco, Ferentillo, Arrone, Piediluco, Labro, Poggio Bustone, La Foresta, Rieti, Fonte Colombo and Greccio. Personalized route guide and maps included in the package. Telephone assistance. Optional luggage transport.*



**1<sup>ST</sup> DAY** - Arrive on your own account at your hotel in Assisi, the starting point of your journey. Check-in to your chosen accommodation.

**2<sup>ND</sup> DAY** - Begin the 1<sup>st</sup> leg (21 Km) by setting off directly from your hotel. Get across Mount Subasio, visiting the sanctuary of "Eremo delle Carceri" on the way, then Spello, a beautiful medieval town; continue on flat land to reach your hotel in the thriving city of Foligno.

**3<sup>RD</sup> DAY** - The 2<sup>nd</sup> leg (22 Km) is flat down to the castle of Sant'Eraclio, then it turns into the mountain side, covered with olive groves; the next town, Trevi, hanging over the valley, is well worth a visit; continue up and down the mountainside and arrive at your new hotel by Castello di Campello.

**4<sup>TH</sup> DAY** - The 3<sup>rd</sup> leg (20 Km) continues up and down the mountainside amid olive groves, passing by little gems like Poreta and its castle, Bazzano and Eggi; arrive at one of the most important historical cities, rich of art treasures, of the entire route, Spoleto.

**5<sup>TH</sup> DAY** - The 4<sup>th</sup> leg (21 Km) starts from the massif castle (Rocca di Albornoz)



and climb up to the "sacred" woods of Monteluco and the franciscan sanctuary "Eremo delle Grazie"; cross the mountain and descend into the narrow valley of River Nera (Valnerina), passing by the neat little villages of Pontuglia and Ceselli; get across the river and follow it down to another tiny village, Macenano, where you will stop for the night.

**6<sup>TH</sup> DAY** - The 5<sup>th</sup> leg (24 Km) continues along the bank of the Nera down to Precetto, then Arrone and Castello di Lago, then climb up the steep slopes by the monumental Marmore Waterfalls to get to the village of Marmore and onward to Lake Piediluco and your hotel.

**7<sup>TH</sup> DAY** - The 6<sup>th</sup> leg (21 Km) takes you up to the perfectly preserved feudal town of Labro, on a hilltop overlooking the lake; onward to Morro Reatino and then up into the wild to reach the highest point of the route (1100m)

and see the amazing "St Francis Beechtree"; then down again to the rural village of Cepparo and on along the mountainside to the franciscan sanctuary and the town of Poggio Bustone and finally your hotel.

**8<sup>TH</sup> DAY** - The 7<sup>th</sup> leg (17 Km) starts by descending halfway down to the valley, then along the mountainside to the little village of San Liberato and then Cantalice, hanging on the rocks; then gradually down to the sanctuary of La Foresta, and onward to another very important historical city, Rieti.

**9<sup>TH</sup> DAY** - The 8<sup>th</sup> leg (23 Km) takes you further along the mountains surrounding the "Valle Santa", first to the Sanctuary of Fonte Colombo and over the villages of S.Elia and Contigliano to the village and finally the Sanctuary of Greccio.

**10<sup>TH</sup> DAY** - Breakfast. End of trip.



### information & cost

**PRICES START FROM € 450,00 PER PERSON**

Organized by IL MESTIERE DI VIAGGIARE  
tel. +39 (0)746 1795966 / (0)746 271585 - fax (0)746 760044  
info@ilmestierediaggiare.it

10 days / 9 nights / 8 stages  
Alternative routes available to include the Franciscan sites of Montefalco, Cesi, Narni and Stroncone.

**For information:**  
[prodotti@camminideuropaieie.com](mailto:prodotti@camminideuropaieie.com)



## The Benedictine Way: from Norcia to Montecassino



*Itinerary by bicycle for small groups along the Benedictine Way, in places associated with the life of Benedict of Nursia and the most important testimonies of monastic life. The same itinerary can be made by individuals on foot without a guide, who will be offered support in organizing their journey. In this case the cost will be worked out according to the specifications requested.*

### 1<sup>ST</sup> DAY

NORCIA - LEONESSA  
(40 km)

Meeting point: Norcia.  
Short presentation and first stage of the excursion.  
Accommodation in a hotel or B&B. Dinner.

the afternoon. Accommodation in B&B or a hostel.  
Dinner.

the afternoon. Accommodation in B&B or a hostel.  
Dinner.

### 2<sup>ND</sup> DAY

LEONESSA - FARFA (80 km)  
Packed lunch. Arrival in the afternoon. Accommodation in B&B or a hostel.  
Dinner.

### 5<sup>TH</sup> DAY

SUBIACO - VEROLI (55 km)  
Packed lunch. Arrival in the afternoon. Accommodation in B&B or a hostel.  
Dinner.

### 7<sup>TH</sup> DAY

CASSINO  
Visit to the Abbey of Montecassino.

N.B. The distances given are approximate.

Period: all year (best in spring).

### 3<sup>RD</sup> DAY

ABBEY OF FARFA  
VICOVARO (52 km)  
Packed lunch. Arrival in the afternoon. Accommodation in B&B or a hostel.  
Dinner.

### 6<sup>TH</sup> DAY

VEROLI - CASSINO (60 km)  
Packed lunch. Arrival in

### 4<sup>TH</sup> DAY

VICOVARO - SUBIACO  
(35 km)  
Packed lunch. Arrival in

## information & cost

**PRICES START FROM € 390.00 PER PERSON**

For information and a quote:  
[prodotti@camminideuropageie.com](mailto:prodotti@camminideuropageie.com)

## In the footsteps of the Apostle Paul and the first Christians

**Syracuse and its territory: from the discovery of its origins to the splendours of the Baroque.**

*An itinerary within an archetypal frame which saw the birth of both Mediterranean civilisation and Early Christianity. Forerunner amongst travellers in the Terre Iblee was Paul of Tarsus, man of God: returning from Malta, he landed at magnificent Syracuse, a Greek metropolis of Sicily. His presence, enhanced by the fame of his teaching and certain miracles, left an indelible sign and paved the way for further conversions. And it is within this context of art and nature, of ancient remembrances and up-to-the-minute suggestions, that we have inserted our proposed trip. Following in the footsteps of Saint Paul we will visit the ancient remains of Syracuse, a city that is a UNESCO World Heritage site: the Doric Temple to Athena, splendidly set inside the Baroque Cathedral, the Regional Gallery of Palazzo Bellomo, the Badia (Abbey) of Saint Lucia. And it is to the virgin martyr that the other pilgrimage is linked to rediscover the sites of primitive Christianity, following the intricate labyrinth of the catacombs preserved within the bowels of the earth. Stone, the indisputable luminary along the Way, will then lead us to Pantalica – the Valley of Anapo with its mysterious ravines.*

### 1<sup>ST</sup> DAY / Thursday

Arrival at Catania's Vincenzo Bellini airport (Fontanarossa) and transfer by private coach to Syracuse. Check-in to reserved rooms in 3\* hotel, B&B di Charme or similar, in the city centre. Free time to enjoy an enchanting nighttime stroll through the lanes of Ortigia (optional). Dinner and overnight stay in a hotel.

### 2<sup>ND</sup> DAY / Friday

Breakfast in the hotel. Departure for a guided visit to the Catacombs of San Giovanni and the adjoining church. Continuation with a visit to the Monumental Complex of Santa Lucia: catacombs, church and monastery. Guided visit to the Basilica of the Madonna delle Lacrime: This is one of the city's spiritual symbols, built as a perennial testimony of the prodigious event of the Lachrymation, which occurred in 1953. Afterwards, a guided visit to the Archaeological Park of Neapolis, the area that best represents the ancient Greek city. This merited the city the title of UNESCO World Heritage site. The Greek Theatre, the Roman Amphitheatre, the Latomie (prisons hewn from the rock), the so-called Ear of Dionysus, the Altar of Lerone, are just some of the monuments. Restaurant lunch. Departure for a guided visit to the historic centre of Syracuse, fulcrum



of the cultural stratification that characterizes the city, from its foundation to our own times. The Greeks, the Romans, the Byzantines, the Arabs, the Normans, the Swabians, the Aragonese, the Catalans, the Savoyes, the Bourbons, have all left their unmistakable imprint on the island. The main monuments will be visited including: the Church of San Paolo and the adjoining Temple to Apollo, Piazza Duomo, Temple to Athena (Duomo), Church of Saint Lucia alla Badia, the Aretusa Spring, Maniace Castle, the Regional Gallery of Palazzo Bellomo. In the evening a stroll around Ortigia: accompanied by a guide and a street singer. Dinner at your leisure and overnight stay in a hotel.

### 3<sup>RD</sup> DAY / Saturday

Breakfast in the hotel. Departure for the Cava Grande del Cassibile quarry in the territory of Avola and guided visit to this canyon on the fascinating north side, which still conserves the wildest environs of the quarry. In these stunningly beautiful surroundings it will be possible to enjoy sunbathing or a refreshing swim in the numerous small lakes formed by the watercourse. Packed lunch. Afterwards a visit to the city of Avola, consisting of the remains that survived the 1693 earthquake, which testify to the pre-existence of a medieval city. Transfer to the site of San Corrado di Fuori, near Noto Antica, situated in the so-called, "Valley of the Miracles"

where the hermitage of San Corrado di Fuori is situated, considered one of the most beautiful and interesting mountain sanctuaries in the entire province of Syracuse owing to its enchanting location, with countless nearby caves (where Saint Corrado - San Corrado - lived), the Church of the Eremo, its interesting sacred museum and the "Park of the Hermits". Then on to Noto: a visit to the capital of Baroque includes a stroll through "the stone garden" of the historic centre with a visit to the Churches of San Francesco, Santa Chiara, San Carlo, Santi Pietro e Paolo, and the Cathedral of San Nicolò, then Via Nicolaci famous for its Infiorata (a festival of "mosaic" pictures made from flowers), the Church of San Domenico and the Fountain of Hercules. Return to Syracuse. Dinner at your leisure and free evening. Overnight stay in a hotel.

#### 4<sup>TH</sup> DAY / Sunday

Breakfast in the hotel. Check-out. Departure for Marzamemi, a small fishing village where there are the remains of an ancient tonnara (tuna farm), fishermen's houses, the Palace of the Prince of Villadorata, the two churches dedicated to San Francesco di Paola. Guided visit to the historic centre

of the town. Then on to the Vendicari Nature Reserve: a stroll through the uncontaminated natural surroundings, the ancient tonnara and saltworks, the XIII century watchtower, and the basins for fish production that date back to Roman times. Vendicari is one of the most representative protected wet areas in Europe from a naturalistic point of view. Packed lunch.

Continuation for Priolo Gargallo: in the pre-Hellenic period, on the peninsula of Magnisi the site of Thapsos sprang up, one of the most important proto-historic settlements in Sicily, a crucial fulcrum during the Middle Bronze Age. Guided visit to Thapsos and the Saline di Priolo Nature Reserve. Transfer to Melilli: the presence of numerous necropolises make this place a site of great archaeological interest, while the enchanting nat-

ural surroundings and the existing speleological complexes are the destination of countless groups of excursionists. Guided visit to the Chiesa Madre and the Basilica of San Sebastiano, a historic destination for pilgrimages, as it remains today. Last of all, a transfer to Florida: guided visit to the museum of peasant civilisation of Iblee. Then on to Solarino: visit to the remains of the primitive church and the miraculous Well of Saint Paul, where legend has it that the saint stopped. Transfer to a farm holiday centre and check-in to reserved rooms. Dinner at a farm holiday centre and free evening. Overnight stay in the farm holiday centre.

#### 5<sup>TH</sup> DAY / Monday

Breakfast at the farm holiday centre. Transfer to the Valley of Anapo and Pantalica by private coach, in the territories of Cassaro,

Continues on page 26 →

*The enchantment of the vision of the Iblee landscape is gradually transformed here into a total immersion in the Four Elements: the crystalline water of the rivers and torrents, the fertile earth with its stories of day-to-day toil, the air in the secret tunnels of the quarries, the fire of human tracks throughout history.*





*Our journey continues along another hundred roads with a hundred new recommendations, one minute following our noses, other times the deeper motivations of knowledge: popular and religious traditions, the wonders of the Baroque at Noto and Palazzolo Acreide, the naturalistic routes of Cava Grande del Cassibile and the magic grottos of Melilli, the prehistoric remains at Thapsos, the village/museum of Buscemi, the Liberty vaults of the houses at Canicattini Bagni, the solemn architecture of Buccheri, the primitive church and miraculous Well of Saint Paul at Solarino, the ancient pilgrimage destination.*



Ferla, and Sortino. Guided visit to the Pantalica Nature Reserve and the Valley of Anapo: proceeding along the beaten earth road, the result of removing the stretch of the old Syracuse railway line, it is possible to become immersed in a natural paradise of extraordinary beauty. The valley has remained uncontaminated and offers elements of extraordinary interest: naturalistic, archaeological and ethno-anthropological, which make it a unique site in the world. In the sheer walls between the River Anapo and the Calcinara torrent can be found, hewn out of the calcareous rock, the largest necropolises in Europe, containing 5,000 grotto tombs that make the rocky ribs look like a huge beehive. Packed lunch. Continuation towards Buscemi: an ethno-

anthropological itinerary that winds throughout the entire urban centre, a testimony of the conditions of life and work of the former "peasant civilisation of Iblee". Continuation towards Buccheri: the territory round about abounds in archaeological remains and important traces of the Norman domination to whom we owe the construction of the castle and the medieval atmosphere that the characteristic town is steeped in. Guided visit to the historic centre, the Churches of San Antonio Abate, Santa Maria Maddalena and Sant'Amrogio. After the visit, we move on to Palazzolo Acreide, with a guided visit to the historic centre and the three sites which identify the territory: the ancient Greek settlement of Akrai, with its Greek Theatre; the medieval quarter with the castle; the upper quarter. Guided visit to the churches, with particular attention to the

Baroque Basilica of San Paolo (Saint Paul) from 1688, dedicated to the town's patron saint. Lastly, guided visit to the Antonino Uccello House/Museum and the Viaggiatori in Sicilia Museum, amongst Classical and Baroque art. Continuation for Canicattini Bagni, the eastern gateway to the Iblee plateau, considered the homeland of calcareous stoneworkers. Guided visit to the museum, Sensi e dell'Arte Lapidea. Guided visit to the textile museum. Dinner and overnight stay at a farm holiday centre.

### **6<sup>th</sup> DAY / Tuesday**

Breakfast at the farm holiday centre. Check-out and transfer to Catania's Vincenzo Bellini airport (Fontanarossa). End of trip.

In the event of rain the visits to the Pantalica-Valley of Anapo and Cava Grande Reserves will be substituted by alternative indoor visits.

## **information & cost**

### **PRICES START FROM € 290.00 PER PERSON**

(for groups of 30 persons staying in B&B)

Quotations for groups smaller than 30 participants and for full board.

**For information and a quote:**  
**prodotti@camminideuropaie.com**

## The Via Francigena of the South in Basilicata

### 1<sup>ST</sup> DAY / Friday

Arrival in Venosa and start of the guided visit to the city. At the end there is the option of visiting a winemaker who produces Aglianico del Vulture DOC, or a craft workshop. Lunch and continuation for Ripacandida. Probably founded around the year one thousand, the village is partially built on top of an indigenous settlement used from the VII to IV century BC. Under Norman domination it participated en masse in the third crusade to liberate the holy places from the infidels. Of notable artistic interest is the Church of San Donato from the XIV century with an adjacent monastery from 1300. Return to a hotel, dinner and overnight stay.

### 2<sup>ND</sup> DAY / Saturday

Breakfast and departure for an excursion to Rionero in Vulture. Worth visiting is the Chiesa Madre di San Marco Evangelista, built in 1695, with a ma-



gestic dome and Baroque façade. Just outside the village is the Church of Sant'Antonio, which houses some fine art from the 1700s. Close to the lakes of Monticchio rises, on a rocky slope of Mount Vulture, the Abbey of San Michele, founded by the Benedictines in the X century. On the slopes of the Vulture, surrounded by greenery, the Lakes of Monticchio are an ideal place to appreciate the wonders of nature. Con-

tinuation to San Fele. Founded as a fortress in 960, built by Otto I, Duke of Saxony, as defence against the Byzantines, it ended up being a prison for various famous public figures. Dinner and overnight stay in a hotel.

### 3<sup>RD</sup> DAY / Sunday

Breakfast and departure for an excursion to Forenza. In the historic centre is the Church of the Annunziata, with an exquisite stone portal. Inside may be admired

an ancient sculpture portraying Saint Mary of the Lombards. Also of interest is the Church of the Crocifisso, at the foot of the hill, built in the late 1600s, and annexed to the Capuchin monastery. Lunch and continuation for Palazzo San Gervasio. This castle was the hunting residence of Frederick II, while in the historic centre may be found other well-conserved aristocratic town houses. Continuation for Acerenza and Banzi.



### information & cost

**PRICES START FROM € 200.00 PER PERSON**

Organized by:  
TERRE D'INCANTO  
Consorzio turistico del Vulture Melfese Alto Bradano  
Piazza Mancini Abele, 11 - 85025 Melfi (PZ)  
tel. +39 (0)972 238366

**For information and a quote:  
prodotti@camminideuropageie.com**



## The French Way of Saint James in the Footsteps of the Ancient Pilgrims

*The French Way is the Way of Saint James which boasts the longest historical tradition and the greatest fame worldwide. Its route through Spain and France has been declared a World Heritage site by UNESCO. Where it finishes we know, but not where it starts, since it is the main road of the European Way towards Santiago. Illustrious cities brimming with art and history (Pamplona, Logroño, Burgos, León) alternate with sizeable villages, many of which were born in the shadow of the Way, and countless minor localities abounding in tradition with a history of welcoming pilgrims. This itinerary is dotted with the very best of Romanesque and Spanish Gothic architecture, and the finest travel literature is set here. The French Way enters the territory of Galicia at the small village of O Cebreiro, which continues to preserve its medieval appearance. From there, a succession of small and larger villages leads us to Sarria, the main location on this Galician Way.*

**Distance:** 112 km  
**Expected duration:**  
8 days, 7 nights  
**Departure point  
for pilgrimage on foot:**  
Sarria

### STAGES:

1. Sarria - Portomarín: 23 km
2. Portomarín - Palas de Rei: 22 km
3. Palas de Rei - Arzúa: 27 km
4. Arzúa - O Pino: 21 km
5. O Pino - Santiago de Compostela: 19 km

### 1<sup>ST</sup> DAY

#### Arrival in Galicia

Arrival, welcome reception and presentation of the programme. Transfer from Santiago airport or the bus or train station to the pre-booked hotel. Overnight stay.

### 2<sup>ND</sup> DAY

#### From Sarria to Portomarín (23 km)

Start of the pilgrimage towards the small town of Barbadelo, where the beautiful and highly original XII century Romanesque church of San Giacomo (St. James) awaits us. Amongst clumps of oaks and meadows, the Way then enters the territory of Paradela, where we find Ferreiros, which is home to a Romanesque church dedicated to the Virgin (XII century). Then we descend along pleasant panoramic roads towards the village of Portomarín. A historic settlement, the seat of the Knights of the Order of St. James and later on of the Knights of Malta, who defended the ancient bridge of the Roman origin and built the pilgrim's hospital. Transfer to a hotel for overnight stay.

### 3<sup>RD</sup> DAY

#### From Portomarín to Palas de Rei (22 km)

The Way becomes winding, encroaching on a myriad small villages: Gonzar, Ventas de Narón (Chapel of the Maddalena), Lameiros (Chapel of San Marco) and Ligonde. A short distance further on we can visit the beautiful Romanesque Church of Vilar de Donas, capitular house and memorial to the Knights of the Order of Saint James and residence of the Dames of Saint James. This stage concludes at the village of Palas de Rei, with its Church of San Tirso. Overnight stay.

### 4<sup>TH</sup> DAY

#### From Palas de Rei to Arzúa (27 km)

The small villages of Lebreiro, with its medieval appearance and Romanesque church, and Furelos, with its medieval bridge, take us closer to the main nucleus of this stage: Melide. At Melide, the French Way becomes an urban route. The itinerary winds through a city whose historical identity is steeped in memories of the saint. The historic location of Melide is home to another two priceless art treasures:

the Church of Spirito Santo, linked to pilgrimages right from its foundation, and the Romanesque church of Santa María. After Melide we encounter other small villages where an ancient tradition linked to the saint lives on: Boente, with its Church of San Giacomo (St. James), and Castañeda, famous for its kilns that provide the lime used in the construction of the Cathedral of Santiago. Further on, the pilgrim crosses the River Iso over a small medieval bridge that leads to another important building: The Hospital of Ribadiso, the last to remain open along the French Way, currently restored and used as a hostel for pilgrims. Overnight stay.

### 5<sup>TH</sup> DAY

#### From Arzúa to O Pino (21 km)

The terrain is very similar to that of the previous stage, once again with ascents and descents among small villages and cottages to sidetrack the pilgrim. The Way crosses through small villages whose names reflect the cult of the Apostle: Brea, Calzada, Rúa and Calle, all indicate the same Way. Further on we reach Ferreiros, Santa Irene and finally Arca do Pino, the capital of the municipality of O Pino, the last village before Santiago. Transfer to a hotel for overnight stay.

### 6<sup>TH</sup> DAY

#### From O Pino to Santiago de Compostela (19 km)

The pilgrim feels that Santiago is a stone's throw away. A lovely rural route leads us to Lavacolla, where the pilgrims of the past washed



themselves and their clothes in the river, as a physical purification before the spiritual one, which they received on arriving at Santiago. Nearby is Monte do Gozo, a small rise from which pilgrims can glimpse the Cathedral of Santiago for the first time. Crossing the Puerta de Europa, in Plaza de la Concordia, we head towards the Cathedral to collect the Compostela (pilgrim's certificate) from the "Casa do Deán". Transfer at your leisure to the hotel. Overnight stay.

#### 7<sup>TH</sup> DAY

##### **Santiago de Compostela**

At midday the Pilgrim's Mass is celebrated at Santiago's Cathedral. Free time to stroll around the city and take advantage of various optional visits and activities such as the guided visit to the Cathedral, the historic centre, Finisterre, etc. Overnight stay.

#### 8<sup>TH</sup> DAY

##### **Santiago de Compostela**

Breakfast. Free time until transfer to the bus or train station or Santiago airport.

## information & cost

**PRICES START FROM € 520.00 PER PERSON**  
(min. 2 persons)

SPECIAL QUOTATIONS FOR GROUPS  
Overnight stays in other types of accommodation are possible with personalised quotations.

**For information and a quote:**  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)



## The Ways of Saint James in Galicia

### Spirituality, Nature and Galician Tradition



#### 1<sup>ST</sup> DAY

Arrival and welcome reception. Transfer to accommodation. Dinner and overnight stay.

#### 2<sup>ND</sup> DAY

Breakfast. Transfer to the start of the Way. Completion of first stretch. Meeting at the end of the stage and transfer to accommodation. Dinner and overnight stay.

#### 3<sup>RD</sup> DAY

Breakfast. Transfer to the start of the stage. Completion of the second stretch. Meeting at the end of the stage and transfer to accommodation. Dinner and overnight stay.

#### 4<sup>TH</sup> DAY

Breakfast. Transfer to the start of the stage. Completion of the third stage. Meeting at the end of the stage and transfer to accommodation. Dinner and overnight stay.

#### 5<sup>TH</sup> DAY

Breakfast. Transfer to the start of the stage. Completion of the fourth stage. Meeting at the end of the stage and transfer to accommodation. Dinner and overnight stay.

#### 6<sup>TH</sup> DAY

Breakfast. Transfer to the start of the stage. Completion of the fifth and final stretch, arriving at Santiago de Compostela. Collection of the Compostela pilgrim's certificate from the Pilgrim's Office. Dinner at a hotel in

Santiago and overnight stay.

#### 7<sup>TH</sup> DAY

Breakfast. At midday the Pilgrim's Mass is celebrated at Santiago's Cathedral. Free time to look around the city. Transfer for return journey (airport, train or bus station).

Continues on page 30 →

## information & cost

**PRICES START FROM € 700.00 PER PERSON**  
(min. 10 persons)

in hotels/boarding houses, double room.  
Lower quotations for larger groups on request.

**For information and a quote:**  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)



Discover the Way of Saint James taking advantage of farm holiday centres, their warm welcome and family atmosphere coupled with comfort and the most professional of services. Experience the quintessential rural life: its cultural heritage, its natural world, its cuisine and its people. Follow the star of quality welcome in our homes and enjoy your journey through the rural heart of Galicia.



## The Portuguese Way



**Distance:** 110 km

**Expected duration:** 6 days, 5 nights

**Departure point for pilgrimage:**  
Tuy

**Stages of the Way on foot:**

1. Tuy - Redondela: 30 km
2. Redondela - Pontevedra: 20 km
3. Pontevedra - Caldas de Reis: 21 km
4. Caldas de Reis - Padròn: 17 km
5. Padròn - Santiago de Compostela: 22 km



## The Silver Way



**Distance:** 100 km

**Expected duration:** 7 days, 6 nights

**Departure point for pilgrimage:**  
Ourense

**Stages of the Way on foot:**

1. Ourense - Cea: 25 km
2. Cea - A Laxe: 27 km
3. A Laxe - Silleda: 13 km
4. Silleda - Ponte Ulla: 16 km
5. Ponte Ulla - Santiago de Compostela: 19 km



## The Northern Way



**Distance:** 100 km

**Expected duration:** 7 days, 6 nights

**Departure point for pilgrimage:**  
Baamonde

**Stages of the Way on foot:**

1. Baamonde - Miraz: 21 km
2. Miraz - Sobrado das Monxes: 20 km
3. Sobrado das Monxes - Arzúa: 19 km
4. Arzúa - O Pino: 21 km
5. O Pino - Santiago de Compostela: 19 km



# The Way of Saint James by Bicycle

## PONFERRADA – SANTIAGO (210 km)

### 1<sup>ST</sup> DAY

#### ARRIVAL IN GALICIA

Welcome reception, handing out of travel documents and presentation of the programme. You will be met at the railway or coach station or Santiago airport for transfer to a hotel/boarding house. Dinner and overnight stay.

### 2<sup>ND</sup> DAY

#### FROM PONFERRADA TO O CEBREIRO

(52 KM)

Breakfast. Start of the first stage: Ponferrada - O Cebreiro. At the end of the stage, you will be met for transfer to hotel/boarding house. Dinner and overnight stay.



### 3<sup>RD</sup> DAY

#### FROM O CEBREIRO TO SARRIA

(44 KM)

Breakfast. Start of the stage: O Cebreiro - Sarria. Dinner and overnight stay.

### 4<sup>TH</sup> DAY

#### FROM SARRIA TO PALAS DE REI

(46 KM)

Breakfast. Start of the stage: Sarria - Palas de Rei. Dinner and overnight stay.

### 5<sup>TH</sup> DAY

#### FROM PALAS DE REI TO ARZÚA

(30 KM)

Breakfast. Start of the stage: Palas de Rei - Arzúa. Dinner and overnight stay.

### 6<sup>TH</sup> DAY

#### DE ARZÚA TO SANTIAGO

(40 KM)

Breakfast. Start of the stage: Arzúa - Santiago. The Pilgrim's Certificate, the Com-

postela is collected. Pilgrims are given free time to do as they wish; a stroll around Santiago, sightseeing or other activities. Dinner and overnight stay.

### 7<sup>TH</sup> DAY

#### SANTIAGO DE COMPOSTELA

Breakfast. At midday the Pilgrim's Mass is celebrated at Santiago's Cathedral. Free time to stroll around the

city and take advantage of various options and activities such as guided visits to the Cathedral, the historic centre, Finisterre, etc. Dinner and overnight stay.

### 8<sup>TH</sup> DAY

#### SANTIAGO DE COMPOSTELA

Breakfast. Free time until transfer to the bus or train station or Santiago airport for the journey home.



## information & cost

### PRICES START FROM € 700.00 PER PERSON

(for groups with a minimum of 5 participants, max. 12) in hotels/boarding houses.

Overnight stays in other types of accommodation are possible with personalised quotations.

For information and a quote:  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)



## The Way of Saint James on the Cantabrian Coast



### 1<sup>ST</sup> DAY EL HAYA DE OTÓN CASTRO URDIALES (15.7km)

Stunning panoramas of the mountains along the Cantabrian coast. The route climbs along the Baltezana Canal as far as Alto de Helguera and, after crossing the wood of the Valley of Otañes, reaches Santillán. From here passing via Sámano, we reach Castro Urdiales. The surroundings of Porto and Puebla Vieja, much loved by sailors, are a great place to try dishes of fish and seafood from the Cantabrian sea.

### 2<sup>ND</sup> DAY CASTRO URDIALES GURIEZO (14km)

Coastal stage for transfer between the seaside cities of Castro Urdiales and Laredo, where we can continue to enjoy the proximity of the Cantabrian sea. Along the route we come across interesting medieval remains: the ruins of the Castle of San Antón (conceivably founded by the Templars) at Allendelagua, or the Romanesque church of San Martin (later rebuilt) at Campijo.

### 3<sup>RD</sup> DAY GURIEZO - LAREDO (26 km) From Guriezo heading north.

Passing around Mount Candina via Torquiendo, we quickly reach the stretch of the Calleja de la Vida, a path which will lead us effortlessly towards Liendo. Climbing towards Villaviad, we arrive in Laredo from above. The seaside city of Laredo is one of those that in the Middle Ages formed part of the naval federation known as "La Hermandad de las Cuatro Villas": Castro-Urdiales, Laredo, Santander and San Vicente de la Barquera.

**4<sup>TH</sup> DAY  
LAREDO - GÜEMES (19km)**  
We start the day at Puntal de Laredo, catching the ferry which crosses the bay to Santoña, offering us the opportunity to contemplate the natural surroundings of Mount Buciero, with its sea cliffs and its two lighthouses. We pass the Monte del Brusco to reach the beach at Noja, a major tourist resort. Arrival at Güemes, where the pilgrims' inn El Cagigal constitutes an important reference for the Northern Way, and includes a small pilgrim's museum.

**5<sup>TH</sup> DAY  
GÜEMES - SANTANDER**  
From Güemes we continue towards Galizano, with an obligatory stop at the Sanctuary of Saint Maria de las Latas, before reaching the seafront of Somo. Here we catch another ferry to enjoy a brief crossing that takes us to the city centre of Santander, leaving us near the Cathedral. The Bay of Santander, one of the most beautiful in the world, marks an urban route which, starting from the centre, follows the elegant Paseo de Pereda, Puerto

Chico, the Avenida de Reina Victoria and the Sardinero.

**6<sup>TH</sup> DAY  
SANTANDER  
SANTILLANA DEL MAR**  
(31km, passing the Ria de Mogro by train: 24km)  
Leaving the city of Santander, we can choose between the short Vivenda - Camplengo route (5 km) or follow the traditional stretch via Hinojedo and Ongayo where we can visit the Church of Santiago. A reward for the efforts of this stage is the arrival at Santillana del Mar, one of the most beautiful little villages in the whole of Spain, where we find the Romanesque collegiate church of Santa Giuliana. In the immediate vicinity is the Cueva de Altamira, whose exact replica (Neocueva) is visitable, to become acquainted with the most famous prehistoric underground paintings in the world, which constitute one of the earliest artistic manifestations of mankind.

**7<sup>TH</sup> DAY  
SANTILLANA DEL MAR  
COMILLAS (21km)**  
From Santillan we head south in the direction of Arroyo, to then continue towards Caborredondo where we cross the road to enter the valley of Novales, astonishingly brimming with lemon and orange groves thanks to

its microclimate, and which hides an interesting artistic jewel near Cigüenza: the Church of San Martin, in colonial Baroque style and with an extraordinary altar-piece. On arriving in Comillas we can visit the Pontificia University, the Sobrellano Palace, Gaudi's Capriccio, or the Neo-Gothic Cemetery with its sculpture of the Angel of Limona which are only some of the treasures of a city that offers a huge variety of things to see in every one of its streets, and lies in a privileged coastal position near the Oyambre Dunes Natural Park.

**8<sup>TH</sup> DAY  
COMILLAS SAN VICENTE  
DE LA BARQUERA (12km)**  
Leaving behind Comillas and the Alto de Maza, we descend to the La Revilla quarter, where we begin a pleasant stroll on the Alto de la Maza, as far as San Vicente. The entrance to San Vicente via the Puente de la Maza takes us directly to the ascent to the Puebla Vieja (the old town) where a must is to visit the medieval Church of Nuestra Señora de los Angeles, beside which are the remains of the old Hospital de Peregrinos, the Castillo del Rey, and the old defensive walls. The Albergue de Peregrinos (Pilgrims' Inn) is situated in the Los Claretianos monastery, adjoining the Old Church.

### information & cost

#### PRICES START FROM € 300.00 PER PERSON

Private hostel in multiple rooms with shared bathroom facilities.

Special quotations for groups  
Overnight stays in other types of accommodation are possible with personalised quotations.

For information and a quote:  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)



## The Lebaniego Way to Santo Toribio



### 1<sup>ST</sup> DAY FROM SAN VICENTE DE LA BARQUERA TO QUINTANILLA DE LAMASON

(25.5km)

During the first stage we leave the Cantabrian coast behind heading southwards to enter the Valley of the Nansa via the Alto de la Rejoya near Bielva. The path runs through a peaceful rural environment which gets gradually closer to the mountains, especially after crossing the El Arrudo bridge. After passing Cades, we start to climb along a little-used mountain road following the river as far as the Quintanilla de Lamason crossing.

Nearby, of great interest is the Romanesque Church of Lafuente, from the XIII century. Next to it, on the portico of a house, we can find the "Lamason Couple" a curious sculpture from the XVII century with an original inscription dating to 1625.

### 2<sup>ND</sup> DAY FROM QUINTANILLA DE LAMASON TO CABAÑES

(22.5 km)

We continue to climb along the beautiful Nansa Valley, until we arrive at Cicera, where we begin a steep descent towards Desfiladero de la Hermida, enjoying a spectacular view of the Picos de Europa. As an optional excursion, we recommend the ascent to the nearby Mirador de la Bolera de los Moros, next to the remains of an ancient watchtower dating to the times of the reconquest. The panorama from here is outstanding. The descent finishes in Lebeña, where one of the most

admired artistic jewels of the region awaits us: the Church of Saint Maria di Lebeña (X century) a rare example of Visigoth art, which includes ornamental elements showing a Celtic and Asturian influence.

On leaving Lebeña there are two possibilities:

1. To walk 3.5 km along the road to Castro-Cillorigo, where we can rejoin the paths and after 8 km easily reach Potes (total distance of the stage 28.5 km).

2.<sup>(\*)</sup> Turn back for some metres as far as the Allende crossing, and begin the ascent to Cabañes (5.5 km), to avoid the traffic; stay the night there and arrive in Potes the next day (22.5 km).

<sup>(\*)</sup>Recommended

### 3<sup>RD</sup> DAY FROM CABAÑES TO SANTO TORIBIO

(12km)

We descend from Cabañes via Pendes to Castro-Cillorigo, where the Liébana Valley opens up leaving behind the narrow Hermida gorge. With a pleasant stroll, we cross Tama, which is home to the interesting Visitors Centre of the Los Picos de Europa National Park, Ojedo, and finally Potes. Just under 3 km further on we finally find the Monastery of Saint Toribio de Liébana.

*Right from the start of pilgrimages to Santiago, those pilgrims who took the Northern Way made a deviation from their route towards Santiago lasting some days, to ascend to the Monastery of Santo Toribio de Liébana to worship in front of the extraordinary relic brought to Spain in the 5th century by the Archbishop of León from the Holy Land, namely, the largest of the known fragments of the True Cross which was brought to this refuge in the Cantabrian mountains in the IX century to protect it from the danger of profanation due to Moslem expansion throughout the Iberian peninsula.*



## information & cost

### PRICES START FROM € 80.00 PER PERSON

Private hostel in multiple rooms  
with shared bathroom facilities.

Overnight stays in other types of accommodation  
are possible with personalised quotations.

For information and a quote:  
[prodotti@camminideuropeaie.com](mailto:prodotti@camminideuropeaie.com)





## European Cultural Route of Saint Olav Ways

### Pilgrimage along the first stage on the Stråsjö route towards Trondheim/Nidaros

#### **Pilgrimage: 6 days, with guide**

The first stage from the Baltic Sea towards Nidaros in Norway, where the shrine of Saint Olav was, leads through the scenic countryside of the province of Hälsingland, between lakes Dellen, passing big wooden farmhouses, typical of this province, through deep forests to the Pilgrims' chapel of Stråsjö, which is the final destination for this week's journey. The pilgrims' route continues to Nidaros, and you may sign up also for the next stages.



The Pilgrims' Chapel of Stråsjö is a reconstructed pilgrims' chapel of medieval style, built by hand with copies of medieval tools on the site where, according to local tradition, there was a pilgrims' chapel until 1597. This traditions claim that pilgrims passed here on their way to Nidaros during the Middle Ages. Now pilgrims come here again!

**STARTING POINT:** approx. 2 hours by train going north from Stockholm Arlanda Airport.

**DEPARTURE DAYS IN 2012:** August the 13th (bookings for other days only for groups).

**DEPARTURE:** Monday at 12 o'clock from the medieval church of Enånger.

**FINAL:** Saturday the 18th at approx. 12 o'clock at the Pilgrims' chapel of Stråsjö.

**LENGTH OF DAILY WALKS:** less than 20 kms.

**REGISTRATION:** No later than 30 days before departure, to the phone numbers or E-mail of Pilgrimstid.

**DAY 1:** Meeting point is the medieval church of Enånger, with its 15th century mural paintings with many references to pilgrimages. There you can receive a Pilgrims' blessing, your pilgrims' passport and the first stamp in it. The first day's walk is short and easy to the medieval

church of Njutånger. Distance passed: 12 kms.

**DAY 2:** A somewhat longer walk on footpaths and small roads along the lakes of Forsa to the Pilgrims' refuge close to the Catholic chapel of Sörforsa, the Chapel of the Sacred Heart of Jesus, inaugurated in 1909. Distance passed: 19 kms.

**DAY 3:** The pilgrimage continues, passing the lutheran church of Forsa and the community of Näsvisken towards the Southern lake Dellen, where we take a look at the remnants of the Iron Age fortress of "Borgarberget". Distance passed: 12 kms.

**DAY 4:** This day the pilgrims pass the "Well of the Martyr Joseph", with the scenic view from "Joseph's Hill". The Pilgrims' path continues along the shore of the Southern lake Dellen on the "Church road" to the lutheran church of Norrbo. Distance: 19 kms.



**DAY 5:** Having looked at the remnants of the 17th Century fortress of Norrbo, the Pilgrims pass the Northern lake Dellen, the church of Bjuråker and a museum village. The paths continues now through deep forests until we reach the old resting place for pilgrims, the "Well of the Cross". Distance: 17 kms.

**DAY 6:** This day the route passes the "Chalet of Havra" and the small lake of Halltjärn. We arrive at the reconstructed Pilgrims' Chapel, the final destination. Distance passed: 9 kms.

### information & cost

#### **PRICE: FOR 6 DAYS 460 EURO**

Included in this price are guidance, board and lodging, as well as baggage transport. You only have to carry light backpacks. Lodgings: youth hostel, pilgrims' refuge, tents of Saami type.

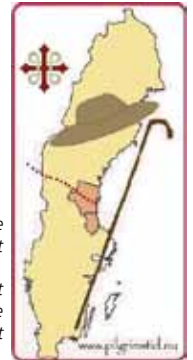
#### **Contact information**

**Pilgrimstid**

**Pilgrimstid Sweden, economic association**  
**Contact for booking/registering and information**  
**by mail or telephone 0046-76 133 07 08**  
**www.pilgrimstid.nu - info@pilgrimstid.nu**

**Where is the pilgrim route of Stråsjö?** It is marked with red on the map and leads across the Scandinavian peninsula to Trondheim, city of Saint Olav.

**Coming to Sweden:** You could take a flight to Stockholm Arlanda Airport and after 2 hours by train you will arrive in the city of Hudiksvall, close to the starting point of the first stage, which means that you might have breakfast at home and dinner with us.





## European Cultural Route of Saint Olav Ways

### Three days pilgrimage along the Stråsjö route, combined with a tour to Trondheim

#### Guided tour by bus

The tour starts close to the east coast of Sweden and takes you across the Scandinavian peninsula, across the high mountains to the coast of

Norway, the Atlantic Ocean, with the city and Cathedral of Saint Olav. Going back we take another route where you will encounter the Saami traditions.

This tour is operated by a partner of Pilgrimstid. The guides from Pilgrimstid will be there to guide you and introduce you to persons and places of great interest and also to some breathtaking views of the Scandinavian landscape. 3-5 of September 2012 (bookings for other days only for groups).

#### THREE DAYS PILGRIMAGE

You walk three days on the first stage on the Stråsjö route (same as the first three days of the 6 days pilgrimage)

31 of August - 2 of September 2012 (bookings for other days only for groups).

After this pilgrimage on foot we recommend the guided tour by bus to Trondheim in Norway, city of Saint Olav (three days).

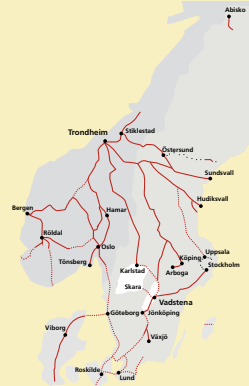


#### Walking in silence

During the hours that we walk in silence you may intensely enjoy the peace and quiet of the forests, this is the time for meditation and prayer.

#### Walking and resting

We walk with the Pilgrim's key words: spirituality, silence, sharing, freedom.



#### OUR GUIDES FOR THE PILGRIMAGE ON FOOT:

**Ulf Krantz** has many years' experience as a leader of hikes. He himself has gone by ski to Trondheim and of course on foot several times. He has also walked in other parts of the world and is a trained Pilgrims' guide. He is also the Chairman of "Pilgrimstid Sverige".  
ulf@pilgrimstid.nu

**Mats Jäderberg** is a trained Pilgrims' guide and has often walked with groups on this pilgrim route.

### information & cost

#### PRICE 230 EURO

Pilgrimage on foot, with guide, baggage transport, all meals and lodging

#### PRICE 260 EURO

Guided tour to Trondheim (including the guided tour, lodging 2 nights and all meals in Sweden. Not including meals in Norway)

#### Contact information

**Pilgrimstid**

**Pilgrimstid Sweden, economic association  
Contact for booking/registrating  
and information**

**by mail or telephone 0046-76 133 07 08  
www.pilgrimstid.nu - info@pilgrimstid.nu**



Saint Olav Ways  
in Scandinavia  
European Cultural Route  
since 2010



## Eastern Moravia

Join us for a journey that links the two most important pilgrimage sites of Moravia - Holy Hostýn and Velehrad. Your pilgrimage can start in Kroměříž, a town of UNESCO monuments. Visit places that breathe the ancient history of the land and have been visited by pilgrims for centuries. The seven-day journey can end at Velehrad, from where Christianity spread among the Slavs many centuries ago. Over the next five days, we will let you relax in the renowned Moravian spas and take you to Wallachia, to see other fascinating places in the region of Eastern Moravia.



**DAY 1** - Flight to Brno (Vienna or Bratislava), transport to Kroměříž.

**DAY 2** - Kroměříž, visit of the town, its churches, and monuments. Kroměříž is a jewel of garden architecture. The complex of the Archbishop Chateau and the Floral and Chateau Gardens were inscribed on the UNESCO List in 1998. There are exceptional Baroque gardens, beautiful historic halls of the Archbishop Chateau, and a world-renowned gallery (the most valuable treasure of which is a painting entitled Apollo and Marsyas by the Italian master Titian). Beneath the chateau, there are extensive wine cellars. Wine for mass is exclusively produced



here, maturing in historical wooden barrels the largest of which has a volume of 19,000 litres. The wine can be tasted and purchased. The Kroměříž Bishop's Mint with its unique collection of more than 10,000 papal coins and medals, coins of religious orders of knights, medals of religious confraternities, and so on is the second most important collection of ecclesiastical minted coins in the world, second only to that of the Vatican. Accommodation and meals in Kroměříž.

**DAY 3** - Transport (by train) to Bystřice pod Hostýnem.

A walk up the Holy Hostýn Hill following the marked tourist trail (red colour) from the Bystřice train station (6 km). Visit of the Baroque pilgrimage Basilica of the Assumption of the Virgin Mary, Jurkovič's Way of the Cross in the style of Wallachian folk architecture, and the Water Chapel with a miraculous spring at the foot of a 250-metre stairway. You can also visit the observation tower on top of Hostýn Hill, built in 1898, and the Holy Hostýn Museum located in the unique Jurkovič Hall in the pilgrimage house compound. The exhibitions of the museum illustrate the rich historical development of Hostýn from prehistory to present day, as well as the fascinating nature of the Hostýn Hills. Accommodation and dinner in a pilgrimage house on Holy Hostýn.

**DAY 4** - Pilgrimage on foot from Holy Hostýn to Štípa. From Hostýn following the yellow trail to the "Pod Vály" crossroads, from there a blue trail to "Skalný", and then following the green markings to Klapinov - Holy Vrch. From Holy Vrch, we will take the blue trail in the



direction of Zlín-Veliková (Na Písečném). The red trail from the Na Písečném crossroads leads to Lukov. Above Lukov lies a popular trip destination - the ruins of a chateau of the same name. From Lukov, a road leads to Zlín-Lešná. This road takes you around the Zlín zoological garden. The Lešná Zoo and the Art Nouveau Vešná Chateau are the most visited tourist destinations in Moravia. From the crossroads below the zoo, a path leads to the Štípa pilgrimage church (1 km). In Štípa, you can also visit a Dutch-style historical windmill.

You have to carry your own food and drinks on the walk! The trail is approximately 23 km long. It leads through natural terrain, on marked trails; from Lukov onwards, you will walk on a road. Accommodation in the Štípa Carmelitan monastery, dinner in restaurants in the area.

**DAY 5** - In the morning, bus 35 or 36 to Zlín, Náměstí Práce (final stop). From here, the pilgrimage follows the blue trail to the U Boudy crossroads, and from here the green trail in the direction of Malenovice. After five kilometres, there is the Malenovice - Svatá





Voda pilgrimage site, with a chapel near a water spring. Malenovice boasts a Gothic castle, today hosting one of the exhibitions of the Museum of South-East Moravia in Zlín.

The yellow trail takes us to the road leading via Oldřichovice and Pohořelice to Napajedla. The town of Napajedla used to be the centre of a large dominion, and many historical monuments remain here: a Baroque chateau with an English-style park, a Neo-Renaissance town hall, and the Baroque Parish Church of St Bartholomew. The town is home to a famed stud farm. Accommodation in the Napajedla Pahrbek Camp; the trail is approximately 23 km long. Forest gravel paths and roads. In Svatá Voda, there is a spring of good potable water and a small pilgrimage site. Meals along the way - Pohořelice, Napajedla.

**DAY 6** - The Napajedla - Staré Město - Velehrad pilgrimage trail. Staré Město can be reached by the path running along the Morava



River and the Baťa Canal. The Baťa Canal is a restored historical waterway. It was constructed in the 1930s to facilitate the cheap cargo transport of lignite; today, it is used as a tourist waterway between Hodonín and Otrokovice. Along the Baťa Canal and the Morava river, there is a cycling path leading to Kroměříž. From Napajedla, a path along the Baťa Canal will take us to Spytihněv (3.5 km) and Uherské Hradiště. (Here it is possible to board a boat (during sailing season) to Uherské Hradiště; the journey takes about 2 hours.) From Uherské Hradiště, we cross a bridge to Staré Město which is right on the other side of the river. A walk through Staré Město takes us to the train station, from where a red tourist trail leads to Velehrad. The trail is approximately 20 km long. Accommodation in the Stojanov Pilgrimage House. Dinner at Velehrad.

**DAY 7** - Visit of Velehrad and the Modrá Archaeological Open-Air Museum. Velehrad is the most significant pilgrimage site in the Czech Republic, commemorating the arrival of Sts Cyril and Methodius, the Slavic Missionaries, to Moravia. The Velehrad Monastery is the oldest in Moravia. The Basilica of the Assumption of the Virgin Mary and Sts Cyril

and Methodius, originally Romanesque but later rebuilt in the Baroque style, is the main feature of the town. In the underground of the basilica, there is an exhibition of excavated monuments from the Romanesque-Gothic period. Every year on 5 July there is a National Pilgrimage to the site, commemorating the Feast Day of Sts Cyril and Methodius. In 1990, Velehrad was visited by Pope John Paul II. Not far from Velehrad is the Modrá Archaeological Open-Air Museum where you can learn more about everyday life during the Great Moravian Empire. The museum is located close to the foundations of a Great Moravian church from the 9th century. Near the foundations, there is a reconstruction (replica) of the original building. Optional departure to the airport; the journey, however, can continue.

*See even more...*

*Eastern Moravia has many other faces. We offer an extended tour, offering more great experiences. You will leave Moravian Slovakia and over the course of several days get to know the calming atmosphere of the most beautiful of Moravian spas, Luhačovice, and the distinctive character of Wallachia. These parts of Eastern Moravia are also rich in folklore, church monuments, folk architecture, amazing gastronomy, and the grand tradition of spa treatments. Uncover the enchanting mountainous parts of the region with ample opportunities for walks on foot and relaxation, as well as uncovering the legacy of the ancestors.*

**DAY 8** - Transport from Velehrad to Uherské Hradiště and a visit of the town cen-

tre, founded by Bohemian King Přemysl Otakar II. The Masaryk Square is dominated by the Baroque Church of St Francis Xavier, originally built as part of a Jesuit monastery. From this monastery, the Reduta survives, where a unique fountain by Velehrad sculptor Otmar Oliva can be found. On the square, there are historically valuable houses - the Renaissance Sun House or the Baroque apothecary in the Golden Crown House. As a curiosity, there is also the leaning tower of the old town hall, reaching a full metre into Prostřední Street. The Mariánské Square is dominated by a



Baroque column commemorating the plague and decorated with many statues. In the Mařatice district of the town, there are valuable old wine cellars still used for their original purpose. Uherské Hradiště is, however, also the centre of Moravian Slovakia, a region rich in folklore, and a modern city with many shops, wine stores, new cycling trails and sporting grounds including an aquapark; it is a city of innumerable events and festivals and last but not least also a port on the Baťa Canal.

In the afternoon, transit to Luhačovice on the Brno - Valašské Klobouky line; recommended stop - Luhačovice Pošta. Another alternative: the train. In Luhačovice, accommodation in the Augustiniánský Dům Hotel.

Continues on page 38 →



Dušan Jurkovič, built between 1902 and 1914. Many famous people visited the spa, in particular one of the greatest Czech composers, Leoš Janáček, who spent 25 seasons here. Many of his works are related to the spa, and some were written here. The list of church monuments in Luhačovice includes the Parish Church of the Holy Family and the St Elizabeth Chapel near the colonnade. The Museum of the Luhačovice Zálesí presents a unique collection of folk culture and crafts of the region - a blend of the influences of Wallachia, Moravian Slovakia, and Haná.

→ **DAY 9** - Relaxation in Luhačovice, wellness. Luhačovice is the best known and most popular of Moravian spas. Healing springs, beautiful nature and a pleasant atmosphere, a rich offer of culture and sports, and the typical architecture of Dušan Jurkovič are the main attractions of this town. In Luhačovice and its surroundings, there are 17 mineral springs of hydrogen-carbon-chloride-sodium water and one sulphur spring; the best-known of them are the Vincentka and Ottovka. With their high mineral content and excellent saturation with free carbon dioxide, Luhačovice mineral waters are considered among the most effective in Europe. This picturesque town on the edge of the White Carpathians range gets its character from the beautiful Art Nouveau buildings of architect

From Luhačovice, it is also possible to walk to the pilgrimage site of Malenisko nad Provodovem with its pilgrimage Church of the Virgin Mary of the Snow, a Way of the Cross, and a miraculous water spring. The site is 6 kilometres away and can be reached by the yellow tourist trail starting at the Ottovka spring.

**DAY 10** - Relaxation in Luhačovice, optional walk to Luhačovice Dam; in the afternoon, a direct bus to Rožnov pod Radhoštěm. Accommodation in Rožnov. In the evening, visit of a tradi-



tional Wallachian shepherd hut/restaurant.

**DAY 11** - Bus to Pustevny, from here on foot (13 km) to Rožnov pod Radhoštěm. At Pustevny, the starting point of many tourist trails, the Libušín and Maměnka cottages are particularly worth visiting. They were constructed in 1894, based on a design by Dušan Jurkovič, as some of the first tourist shelters in the area. Inside, waiters in traditional costumes will offer the best of Wallachian cuisine. The blue tourist trail from Pustevny takes you to the statue of the Pagan god Radegast and to the summit of Radhošť, with a chapel and statue of the Slavic missionaries Sts Cyril and Methodius. From Radhošť, the red trail continues to Rožnov pod Radhoštěm.

In the evening: visit of the Rožnov beer spa. Beer treat-

ment with a yeast mask. The spa offers baths in Radhošť yeast beer from the local brewery, and draff and brewer's yeast wraps, rich in Vitamin B, trace elements, and minerals. Dinner in the spa, beer tasting.

**DAY 12** - Visit of the Wallachian Outdoor Museum. The Rožnov museum is the oldest and largest of its kind in Central Europe and a national natural and cultural monument. It was founded in 1925. There are over 100 buildings in the museum, divided into four sections - the Wooden Town, Wallachian Village, Mill Valley, and Pustevny. Throughout the year, there are examples of traditional crafts and crop raising and livestock breeding techniques.

**DAY 13** - Departure to Brno, return flight.



## information & cost

### QUOTATION ON REQUEST

For information and a quote:  
[prodotti@camminideuropaie.com](mailto:prodotti@camminideuropaie.com)

The products are available from all outlets in the areas affected by the route of the "Routes of Europe" or from the site [www.camminideuropa.eu](http://www.camminideuropa.eu)

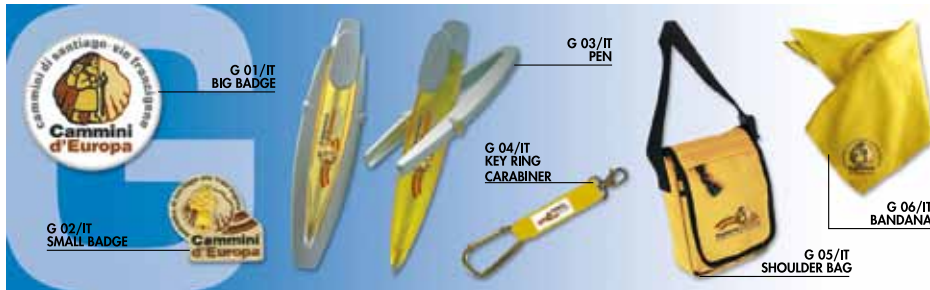
### CLOTHING - ABBIGLIAMENTO



### UTILITY - UTILITÀ



### GIFT - SOUVENIR



### CHILD - BIMBI



